

# How do I use naloxone (Narcan)?

1.

## Recognize:

- The number one sign of an overdose is **unresponsiveness**.
  - Other signs include: Not breathing, turning blue or pale, deep snoring, vomiting, gasping, gurgling
- If you suspect the person has taken an opioid, you should respond as if they are experiencing an opioid overdose

2.

## Respond:

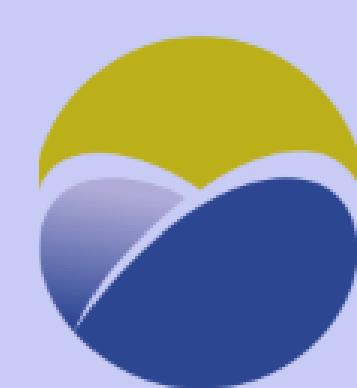
1. Sternal rub (attempt to wake up)
2. Call 911
3. Administer Naloxone
4. Rescue breathing
5. Turn person to rescue position (on their side)
6. Stay until help arrives (you are protected under the Good Samaritan Law)

**For more details, contact: 828-564-1938**

**For Mobile Crisis: 1-888-315-2880**



**For more detailed instruction including video demonstrations, scan the QR code above**



**Meridian**

BEHAVIORAL HEALTH SERVICES

*Hope. Heal. Recover.*

