
Substance Abuse Action Team MINUTES: Taken By: Steffie Duginske
Meeting Date: January 21, 2009

ATTENDANCE

Martha Teeter, Karen Arias, Patti Tiberi, Sherri Birch, Anita Wilkins, Diana Manee, Steffie Duginske,

New Business

1. Topics of Discussion: Possible Action Plan Interventions

YOUTH

- Provide substance evidence based substance abuse prevention programs to kids who don't have access to after school programs
 - Also include after school programs
 - PCDC
 - Need to identify sites that could benefit
 - 4 evidence based programs – need transportation and promotion
 - Positive Action – character building, self concept, physical health, family component
 - Children in the Middle
 - Project Alert(middle school)
 - Safe Dates
 - KARE, Mountain Projects, Seth Cole, Jane Harrison, 30th Judicial Alliance, Smoky Mountain Center, After School Projects
- Community outreach and education – Youth and Adult
 - Law enforcement
 - Target media – mountaineer , cable, local radio
 - Establish community education by submitting quarterly articles to the local papers
 - Celebrate recovery – Longs Chapel – all sort of issues – addiction focused
 - Working with probation officers
 - Eliminating the stigma – brain chemistry around this – include personalized story
 - Healthy article of the month – quarterly articles
 - Could do follow up article
 - September is recovery month – (create a calendar for all our teams – dept. of Health and Human Services (Diana to help find) Parallel our articles around the calendar.
 - Lunch and learn to law enforcement, probation officers – could get credits for doing this – target teachers, nurses, etc.
- TATU
- TABU – get in with one grade

- Merchant Education
 - Diana could help with tobacco – ALE/alcohol law enforcement – ATF
 - Approach the school system to develop a policy to administer ATS for students who get caught using tobacco and other substances – could use Diana to teach ATS and Patti could administer one of the other four programs listed above – Alternative to suspension – policy to be created
 - Administer ATS and/or NOT within the school system – – Need to ask Dr. Garrett
 - ATS could be administered – tobacco or any other drugs – Diana could help find someone to teach ATS
- Healthy Living Mini Camps
 - PCDC pilot
 - all health action teams could be involved
 - could also target Way Rec. Center
 - Kids that aren't involved in summer camps

ADULT

- Support community efforts to establish a new Suboxone Tx
 - provider: Dr Holmes – certified to do the tx
 - Narcotic medication addiction
 - need another physical to do the TX
 - could take on 100 more patients
 - Waynesville family practice has been approached – Dr. Ardamin – new psychiatrist –Martha Teeter
 - Smoky Mountain Behavior Health Unit, Mountain Top Health Care, Meridian
- Compile statistics and figures about drug overdoses in Haywood County
 - Need to find if someone does this
 - How many people in Haywood County – Drug Overdoses
 - Police dept., ER 's, medical examiner, law enforcement, jail, Steve Meyers – (Diana Connection)
 - Need to find someone from the police dept. on the team, someone from abc board
- Provide a quarterly lunch for tx providers to collaborate
 - Meridian, smoky mountain, life counseling center, good Samaritan, Mountain top Health Care, Private practice clinics , DWI assessors
 - Resource list – could be created from the quarterly lunch – paper list and on the website
- Misc Thoughts
 - Beth Plemmons at the mountaineer?????