

The Mission of TABU 21

To help children make an informed and determined choice to be alcohol-free *at least* while they are underage.

Teens With A Purpose

TABU 21 (*Teens Against Booze Under 21*) challenges kids to think about the number one drug problem in the United States – alcohol abuse.

TABU 21 is a teen-driven program that uses trained high school students to spread the word to elementary and middle school age children that drinking alcohol under age 21 is not only illegal and “uncool”, but it is downright dangerous and deadly!!!

Audiences for TABU 21 learn from teen role models the effects of alcohol use on physical and mental health as well as social consequences. They see how American culture and the alcohol industry influence the choice to drink.



Why TABU 21?

People who begin drinking before age 15 are four times more likely to develop alcoholism than those who begin at age 21.

The average age boys usually try drinking is 11 years old. The average American girl's first drink is at 13.

Thirty percent (30%) of children in grades 4 through 6 say they are “pressured” by their classmates to drink beer.

Five hundred thousand (500,000) children in this country ages 9-12 years old are alcohol addicted.

Fifty percent (50%) of high school seniors state that they have driven under the influence of alcohol at least once.

Middle and high school children drink 1.1 billion cans of beer and consume 35% of all wine coolers sold in the United States.

Every year, children in the United States see more than 1,000 commercials for beer and wine coolers – plus thousands of incidences of drinking on television and in the movies. That's 18,000 PLUS by age 18!!! (Don't forget how young this starts... Disney's Dumbo got drunk and saw pink elephants, ET got drunk on beer, etc.)

One hundred twenty-five thousand (125,000) people in the United States die every year from alcohol-related diseases. That's 14 people per hour!!!

Seventeen thousand (17,000) people in the United States die from an alcohol-related car/vehicle crash every year. That's one person dying every 30 minutes because of alcohol on the road!!!

Poem From “The Empty Chair”

Will your place at the table be empty tonight?
Will the faces of your family be happy and bright?
Or will your family be faced with only memories to share
And all that is left of you is an empty chair.

How Do I Get TABU 21 For A Program?

Plan for a 45 minute to one-hour session for your youth group at school, scouts, church or other setting. Let us know the date, time, place, age and number of your audience, and we will accommodate your request as much as possible. Our program is appropriate for ages 9 though 19.

Call our program coordinator/adult advisor:
Dr. Hugh Burford at 400-9856.
Or Healthy Haywood Coordinator
Steffie Duginske at 452-6675 Ext 2270

References

DrugfreeAZ.com (12/11/03)
American Medical Association website: www.ama-assn.org
Narconon So. California website:
www.USNODRUGS.com

Training Dates

Tuscola High School: Friday, October 26 from 9-4/Location TBA
Pisgah High School: Monday, October 29 from 9-4/Location TBA
Haywood Early College: November 5,6,7 from 4:30-6:30 @
Haywood County Health Dept.



*A Certified Healthy Carolinians Partnership &
A Haywood County Health Department Program*

TABU 21



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