

Who Will Be  
HEALTHY HAYWOOD's Next.....

# INSPIRATION OF THE MONTH

If You Know An INSPIRING PERSON Of Any Age In Haywood County Who Has Made A Healthy lifestyle Change, NOMINATE THEM for Their Hard Work & Determination!

**Fill Out A Nomination Form found At Any Of The following locations :**

**CURVES IN WAYNESVILLE & CANTON .....HAYWOOD COUNTY HEALTH DEPARTMENT.....**  
**WORLD GYM CANTON..... HAYWOOD REGIONAL HEALTH AND FITNESS CENTER**  
**WAYNESVILLE REC. CENTER & THE ARMORY.....HAYWOOD COMMUNITY CONNECTIONS.....**  
**.....DOWNTOWN FITNESS CLUB.....**  
**THE FITNESS CONNECTION.....HAYWOOD COUNTY RECREATION & PARKS.....**

**WINNERS Will Receive A feature Article In The MOUNTAINEER, A Plaque from HYO Signs & Engraving, A gift from Sports Zone, And Much More!!!**

**QUESTIONS: Contact Steffie – HEALTHY HAYWOOD Coordinator**

**@ 452-6675 or e-mail [sduginske@haywoodnc.net](mailto:sduginske@haywoodnc.net)**