

Substance Abuse Resource Guide – Haywood County

Tobacco Resources

- NC Quitline: Call 1-800-QUIT-NOW (1-800-784-8669) or go to www.quitlinenc.com.
- Traci Clark: adult tobacco prevention and cessation resource person at the Haywood County Health Department, 828-452-6675.
- Diana Manee: youth tobacco prevention and cessation resource person at the Haywood County Health Department, 828-452-6675.
- Susie Bryson: Health Promotions at Haywood Regional Medical Center, tobacco cessation classes for adults, 828-452-8088.
- www.tobaccopreventionandcontrol.ncdhhs.gov
- www.realityunfiltered.com
- www.nctobaccofreeschools.com

Substance Abuse Groups

- Alcoholics Anonymous www.aawnc80.org 1-800-524-0465
- Narcotics Anonymous www.na.org 1-888-764-0365
- Al-Anon is for family members of alcoholics and addicts www.wnc-alanon.org 1-800-286-1326
- To request information about inpatient and outpatient treatment, call 1-800-849-6127 or go to www.smokymountaincenter.com.
- Celebrate Recovery meets Thursday nights at Long's Chapel United Methodist Church, call 828-456-3993.
- A jail substance abuse group meets in Haywood County. Participants need to write their Lieutenant in Charge a letter of interest. Contact Kyler Robbins, 828-456-8604 x2736.

Prenatal Substance Use Prevention

- Pregnancy Exposure Riskline 1-800-532-6302
Monday – Friday, 9 a.m. – 4 p.m.
If you are worried that medicines, alcohol or chemicals may have hurt your baby, call the Pregnancy Exposure Riskline for free, confidential information from a caring healthcare professional.
- North Carolina Fetal Alcohol Prevention Program
Amy Hendricks, Project Director
1-828-213-0035
Amy.Hendricks@msj.org
- National Organization on Fetal Alcohol Syndrome 1-800-66-NOFAS
www.nofas.org
- Fetal Alcohol Spectrum Disorders: Center for Excellence
1-866-STOPFAS (786-7327)
www.fascenter.samhsa.gov

Local Substance Abuse Providers:

- Meridian Behavioral Health Services, Substance Abuse Intensive Outpatient Program (SA-IOP): Beth Wooten, MS, LPC, LCAS, SA Clinician, 828-452-9258 x2670 and Sherri Burch, CSAC, SA Counselor, 828-452-9258 x2671
- Meg Hudson MSW, LCSW, LCAS, CCS - Meridian Behavioral Health Services/Adult Addictions (828) 691-2453. Living in Balance class targets adults 18+ meets once/week for 90 mins; for people who have no funding source. Recovery Education Center (828) 456-8604
- Mountain Area Recovery Center (Methadone and Suboxone treatment for opiate addiction) 828-454-0560
- Good Samaritan Clinic (Free counseling for GSC clinic patients) 828-454-5287
- Mountaintop Healthcare (Suboxone treatment program for opiate addiction) 828-454-5287
- Martha Teater, Licensed Clinical Addictions Specialist, Mountaintop Healthcare, 828-454-5287 x1009.
- Cecil Yount, Licensed Clinical Addictions Specialist, 828-456-8604 x2732
- Yvonne Gilbert, Licensed Clinical Addictions Specialist 828-648-8052
- Jennifer Clemons, Licensed Clinical Addictions Specialist 828-400-2002
- Lori Clancy, Licensed Clinical Addictions Specialist, Life Counseling Center 828-627-5433
- Aspire Youth & Family, Inc. - Outreach substance abuse treatment for adolescents with medicaid 828-226-5533

Substance Abuse Therapeutic Community Living (aftercare)

- First at Blue Ridge/Black Mountain: Joseph Martinez 828-669-0011
- Men's Oxford House, Whittier, NC 828-497-5717 www.oxfordhouseenc.org

Online Substance Abuse information (Including information for parents)

- Substance Abuse and Mental Health Services Administration: www.samhsa.gov
- National Institute on Drug Abuse: www.nida.nih.gov
- National Institute on Alcohol Abuse and Alcoholism: www.niaaa.nih.gov
- Partnership for a Drug-Free Community: www.partnershipfordrug-freecommunity.org
- Mountain Council on Alcohol & Drug Dependence - NCADD: www.nc-mcadd.org

Surrounding Area Resources

- First Step Farm, Asheville: Men 828-667-0587, Women 828-667-0303.
- Swain Recovery Center: adult and adolescent substance abuse treatment, 6 week program, 828-669-4161.
- Christian Love Ministries: info@ChristianLoveMinistries.net
Main Line: 828-837-7086
Men's Student Line: 828-837-4648
Mary's House for Women: 828-835-3895
Mary's House Student Line: 828-837-1815

DWI Assessment Providers

- Cecil Yount: 828-456-8604 x2732
- Jennifer Clemons: 828-400-2002
- Yvonne Gilbert: 828-648-8052
- Lori Clancy: 828-627-5433
- Larry Hines (Mountain Area Recovery Center): 454-0560

**Document created Spring 2010 by Healthy Haywood's Substance Abuse Health Action Team.
To make edits or additions, contact the coordinator at 452-6675 or sduginske@haywoodnc.net
Healthy Haywood is a program of the Haywood County Health Department
and Certified Healthy Carolinians Partnership**