

# **Substance Abuse Resource Guide – Haywood County**

## **Tobacco Resources**

- Traci Clark: adult tobacco prevention and cessation resource person at the Haywood County Health Department, 828-452-6675.
- Kathy Keogh - Health Promotions at Haywood Regional Medical Center, tobacco cessation classes for adults, 828-452-8088.
- [www.tobaccopreventionandcontrol.ncdhhs.gov](http://www.tobaccopreventionandcontrol.ncdhhs.gov)
- [www.realityunfiltered.com](http://www.realityunfiltered.com)
- [www.nctobaccofreeschools.com](http://www.nctobaccofreeschools.com)

## **Substance Abuse Groups**

- Alcoholics Anonymous [www.aawnc80.org](http://www.aawnc80.org) 1-800-524-0465
- Narcotics Anonymous [www.na.org](http://www.na.org) 1-888-764-0365
- Al-Anon is for family members of alcoholics and addicts [www.wnc-alanon.org](http://www.wnc-alanon.org) 1-800-286-1326
- To request information about inpatient and outpatient treatment, call 1-800-849-6127 or go to [www.smokymountaincenter.com](http://www.smokymountaincenter.com).
- Celebrate Recovery meets Thursday nights at Long's Chapel United Methodist Church, call 828-456-3993.

## **Prenatal Substance Use Prevention**

- Pregnancy Exposure Risk line 1-800-532-6302  
Monday – Friday, 9 a.m. – 4 p.m.  
If you are worried that medicines, alcohol or chemicals may have hurt your baby, call the Pregnancy Exposure Risk line for free, confidential information from a caring healthcare professional.
- North Carolina Fetal Alcohol Prevention Program  
Amy Hendricks, Project Director  
1-828-213-0035  
[Amy.Hendricks@msj.org](mailto:Amy.Hendricks@msj.org)
- National Organization on Fetal Alcohol Syndrome 1-800-66-NOFAS  
[www.nofas.org](http://www.nofas.org)
- Fetal Alcohol Spectrum Disorders: Center for Excellence  
1-866-STOPFAS (786-7327)  
[www.fascenter.samhsa.gov](http://www.fascenter.samhsa.gov)
- Mary Benson House – 828-252-5280 A home-like setting in Asheville that provides 24-hour housing and substance abuse treatment for adult pregnant and/or parenting women and their children from birth to five years old.

## **Local Substance Abuse Providers:**

- Meridian Behavioral Health Services, Substance Abuse Intensive Outpatient Program (SA-IOP): Beth Wooten, MS, LPC, LCAS, SA Clinician, 828-452-9258 x2670 and Sherri Burch, CSAC, SA Counselor, 828-452-9258 x2671
- Meg Hudson MSW, LCSW, LCAS, CCS - Meridian Behavioral Health Services/Adult Addictions (828) 691-2453. Living in Balance class targets adults 18+ meets once/week for 90 mins; for people who have no funding source. Recovery Education Center (828) 456-8604
- Mountain Area Recovery Center (Methadone and Suboxone treatment for opiate addiction) 828-454-0560
- Good Samaritan Clinic & Mountain Top Healthcare (Free counseling for GSC clinic patients) 828-454-5287
- Dr. Don Teater; Meridian Behavioral Health Services : 456-8604 and Mountain Area Recovery Center (Asheville) (Suboxone and Methadone treatment for opiate addiction)
- Martha Teater, Licensed Clinical Addictions Specialist, 734-6212
- Cecil Yount, Licensed Clinical Addictions Specialist, 828-456-8604 x2732
- Yvonne Gilbert, Licensed Clinical Addictions Specialist 828-648-8052
- Jennifer Clemons, Licensed Clinical Addictions Specialist 828-400-2002
- Lori Clancy, Licensed Clinical Addictions Specialist, Life Counseling Center 828-627-5433
- Aspire Youth & Family, Inc. - Outreach substance abuse treatment for adolescents with Medicaid 828-226-5533

### **Substance Abuse Therapeutic Community Living (aftercare)**

- First at Blue Ridge/Black Mountain: Joseph Martinez 828-669-0011
- Men's Oxford House, Whittier, NC 828-497-5717 [www.oxfordhouseenc.org](http://www.oxfordhouseenc.org)

### **Online Substance Abuse information (Including information for parents)**

- Substance Abuse and Mental Health Services Administration: [www.samhsa.gov](http://www.samhsa.gov)
- National Institute on Drug Abuse: [www.nida.nih.gov](http://www.nida.nih.gov)
- National Institute on Alcohol Abuse and Alcoholism: [www.niaaa.nih.gov](http://www.niaaa.nih.gov)
- Partnership for a Drug-Free Community: [www.partnershipforadrug-freecommunity.org](http://www.partnershipforadrug-freecommunity.org)
- Mountain Council on Alcohol & Drug Dependence - NCADD: [www.nc-mcadd.org](http://www.nc-mcadd.org)

### **Surrounding Area Resources**

- First Step Farm, Asheville: Men 828-667-0587, Women 828-667-0303.
- Swain Recovery Center: adult and adolescent substance abuse treatment, 6 week program, 828-669-4161.
- Christian Love Ministries: [info@ChristianLoveMinistries.net](mailto:info@ChristianLoveMinistries.net)  
Main Line: 828-837-7086  
Men's Student Line: 828-837-4648  
Mary's House for Women: 828-835-3895  
Mary's House Student Line: 828-837-1815

### **DWI Assessment Providers**

- Cecil Yount: 828-456-8604 x2732
- Jennifer Clemons: 828-400-2002
- Yvonne Gilbert: 828-648-8052
- Lori Clancy: 828-627-5433
- Larry Hines (Mountain Area Recovery Center): 454-0560

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**Compiled by Healthy Haywood's Substance Abuse Health Action Team**

**To make edits or additions, contact the coordinator at 452-6675 or [sduginske@haywoodnc.net](mailto:sduginske@haywoodnc.net)**

**Healthy Haywood is a program of the Haywood County Health Department  
and Certified Healthy Carolinians Partnership**