

FITNESS CHALLENGE

DAYS OF
REGISTRATION

October 1 MONDAY Urban Athletics (8 am - 7 pm)	October 2 TUESDAY Waynesville Rec Center (8 am - 7 pm) <i>5:30 pm - KICKOFF!</i>	October 3 WEDNESDAY MedWest Health & Fitness Center (8 am - 7 pm)	October 4 THURSDAY Cooperative Extension (8 am - 7 pm)	October 5 FRIDAY The Fitness Connection (10 am - 4 pm)
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24 VISITS **IN** 6 WEEKS
ONLY \$10 - CASH OR CHECK
ALL AGES!



LOCATIONS FOR FITNESS CHALLENGE

BODY LYRICS BELLY DANCE • STRICK FITNESS CENTER • FRED RILEY ACADEMY OF MARTIAL ARTS • MEDWEST HEALTH & FITNESS CENTER • JUNALUSKA DRIVING RANGE • OLD MOUNTAIN HEALTH CENTER • RAQS BELEDI BELLY DANCE STUDIO • SMOKY MOUNTAIN SK8WAY ROLLER RINK • THE FITNESS CONNECTION THE OLD ARMORY WAYNESVILLE • URBAN ATHLETIC TRAINING CENTER • WAYNESVILLE RECREATION CENTER

THANK YOU
FOR YOUR SUPPORT

Participating fitness centers and private classes, Healthy Living Action Team, Cornerstone Printing, Haywood County Health Department, Lake Junaluska Conference & Retreat Center, Smoky Mountain News, The Mountaineer



OCTOBER 1ST - NOVEMBER 11TH

Events coordinated by Healthy Haywood's Healthy Living Action Team. A program of the Haywood County Health Department and Certified Healthy Carolinians Partnership. **PROCEEDS PROMOTE* physical activity and nutrition in Haywood County

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