

HEALTHYHAYWOOD

presents

Fitness Challenge

March 15 - May 11
2010

Registration

\$10 | March 15-18th
See locations below

Monday, March 15
8 a.m.-7 p.m.

World Gym-Canton

Tuesday, March 16
8 a.m.-7 p.m.

Haywood Regional Health & Fitness Center

Wednesday, March 17
8 a.m.-7pm

Kick-Off from 6-7 p.m.

Waynesville
Recreation Center
Stainless Steel Water bottles
to the first 100 at Kick-off!
Door Prizes Too!

Thursday, March 18
8 a.m.-7 p.m.

Cooperative Extension -
Raccoon Road

Late Registration

\$20 | Friday, March 19 | 8 a.m.-7 p.m.
Fitness Connection - Waynesville

Thank You

All participating fitness centers, all members and organizations on Healthy Haywood's Health Action Teams, Haywood County Health Department, The Mountaineer, Smoky Mountain News, WPTL AM 920, Cornerstone Printing.

Participating Fitness Centers and Classes

Access Dance WNC, Basulto Gracie Jiu Jitsu, Body Lyrics - Belly Dancing, Club 56 - Frog Level, Curves - Waynesville, Haywood Regional Health & Fitness Center, Junaluska Driving Range, Old Mountain Health Center - Kung Fu & Tai Chi, Raqs Beledi - Belly Dancing, The Fitness Connection, Waynesville Recreation Center & Armory, World Gym - Canton

Need more information:

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