

# 2024 HAYWOOD COUNTY HEALTH PRIORITIES



## SUBSTANCE USE AND MENTAL HEALTH

## CHRONIC DISEASE

## SOCIAL DETERMINANTS OF HEALTH

### WHAT DO WE KNOW?

- Substance use/mental health are major or moderate problems- 100% of key informants
- Life negatively affected by substance use- over 40% (up)

- High blood pressure- over 43% (up)
- Food insecurity- 30% (up)
  - Over 26% don't know where to find emergency food services.

- Over 40% are worried about paying the rent (up)
- Do not have \$400 for an emergency expense- over 28%.

### WHAT IS THE CURRENT ACTION?

- Outpatient treatment, including Behavioral Health Urgent Care
- Mental health communications campaign

- Emergency food providers offering fresh and shelf-stable foods
- Free and low-cost exercise options
- Cooperative Extension and library programs

- Home ownership and savings programs
- Section 8 vouchers and public housing
- Emergency housing services

# SOURCES:



2024 WNC HEALTHY IMPACT COMMUNITY HEALTH SURVEY,  
WNC HEALTH NETWORK, INC.

WNC HEALTH NETWORK. (2024). 2024 WNC HEALTHY IMPACT  
ONLINE KEY INFORMANT SURVEY (OKIS): REPORT.  
[UNPUBLISHED DATA SET].

HAYWOOD COUNTY HHSA IS AN EQUAL OPPORTUNITY  
PROVIDER AND EMPLOYER.