

# 2021 PRC Community Health Needs Assessment

Western North Carolina



WNC **HEALTHY** IMPACT

# Methodology

## Survey methodology

- **4,861 surveys throughout WNC**
  - 2,971 surveys were completed via the telephone, both landlines (43.6%) and cell phones (56.4%); another 173 surveys were completed online by individuals invited through third-party providers to participate.
  - 1,717 were completed via a link to the online survey promoted by WNC Healthy Impact and community partners through social media, email campaigns, and various other outreach efforts.

## Allows for high participation and random selection for a large portion of the sample

- These are critical to achieving a sample representative of county and regional populations by gender, age, race/ethnicity, and income
- English and Spanish

# Methodology

## 4,861 surveys throughout WNC

- Adults age 18+
- Gathered data for each of 16 counties
- Weights were added to enhance representativeness of data at county and regional levels

# Methodology

## **Full WNC sample allows for drill-down by:**

- County
- Age
- Gender
- Race/ethnicity
- Income
- Other categories, based on question responses

## **Individual county samples allow for drill-down by:**

- Gender
- Income
- Age and race/ethnicity, dependent on final county-level samples
- Other categories, based on question responses

# Survey Instrument

## Based largely on national survey models

- When possible, question wording from public surveys (e.g., CDC BRFSS)

## 75 questions asked of all counties

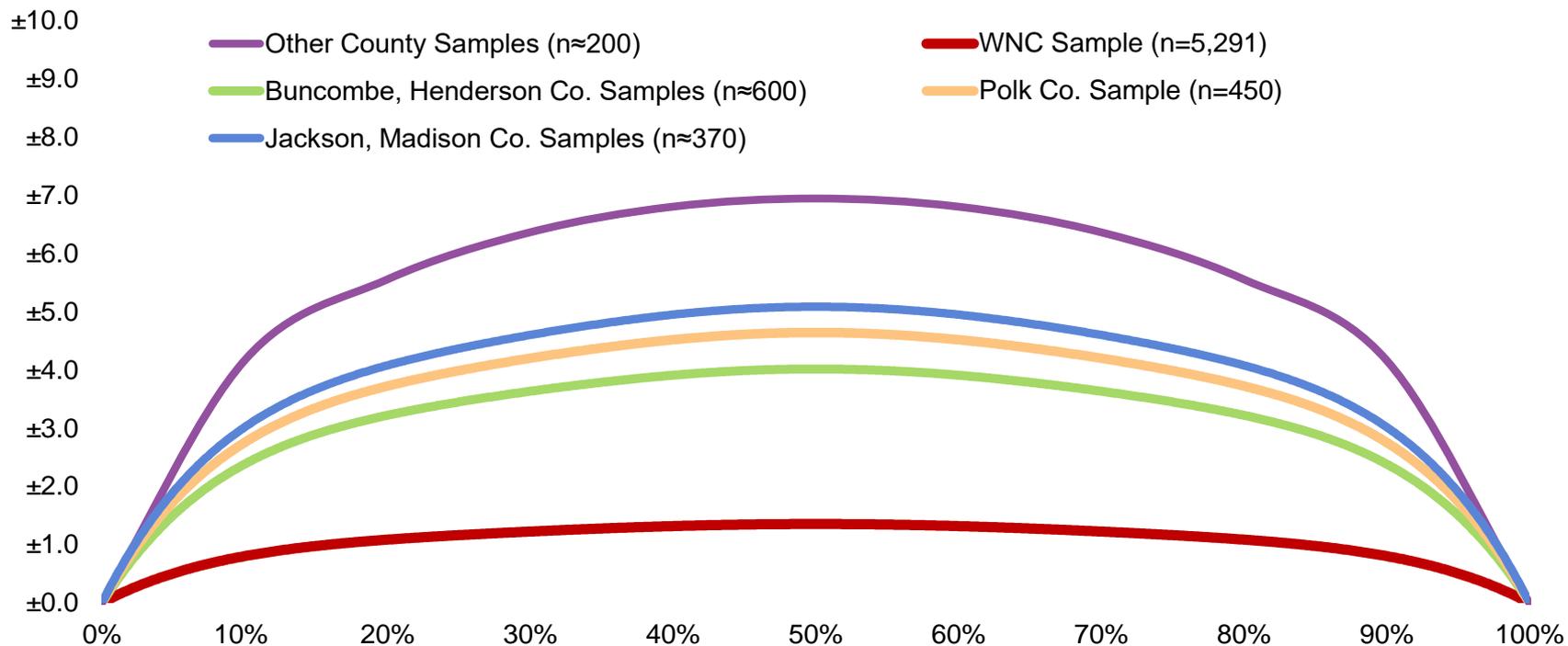
- Each county added three county-specific questions
- Approximately 15-minute interviews
- Questions determined by WNC Healthy Impact Data Workgroup and stakeholder input

# Keep in mind

**Sampling levels allow for good local confidence intervals, but you should still keep in mind that error rates are larger at the county level than for WNC as a region**

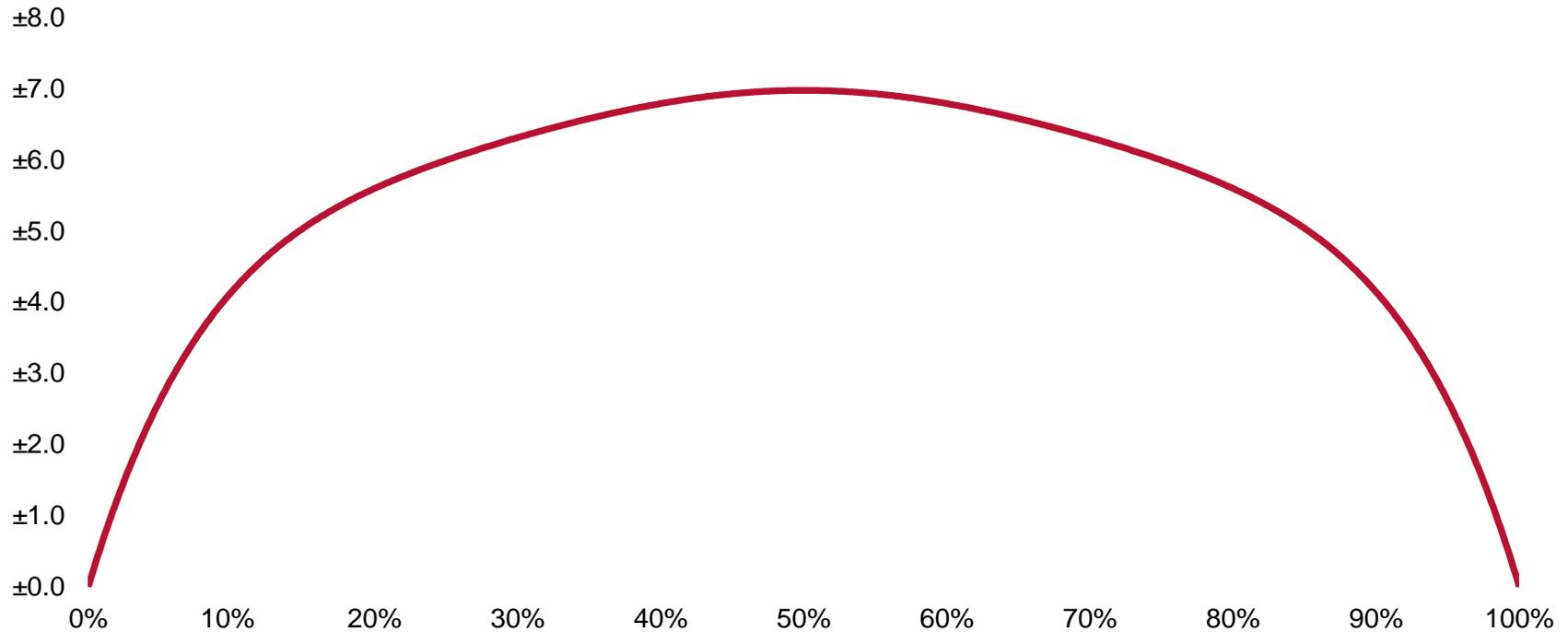
- Results for WNC regional data have maximum error rate of +1.3% at the 95% confidence level
- Results for Buncombe and Henderson counties have an approximate maximum error rate of +4.0% at the 95% confidence level
- Results for Polk County have an approximate maximum error rate of +4.6% at the 95% confidence level
- Results for Jackson and Madison counties have an approximate maximum error rate of +5.1% at the 95% confidence level
- Results for other individual counties have an approximate maximum error rate of +6.9% at the 95% confidence level

## Approximate Error Ranges at the 95 Percent Level of Confidence



- Note:
- The "response rate" (the percentage of a population giving a particular response) determines the error rate associated with that response. A "95 percent level of confidence" indicates that responses would fall within the expected error range on 95 out of 100 trials.
- Examples:
- If 10% of the sample of 5,289 respondents answered a certain question with a "yes," it can be asserted that between 9.2% and 10.8% (10% ± 0.8%) of the total population would offer this response.
  - If 50% of respondents said "yes," one could be certain with a 95 percent level of confidence that between 48.6% and 51.4% (50% ± 1.4%) of the total population would respond "yes" if asked this question.

## Expected Error Ranges for a Sample of 247 Respondents at the 95 Percent Level of Confidence



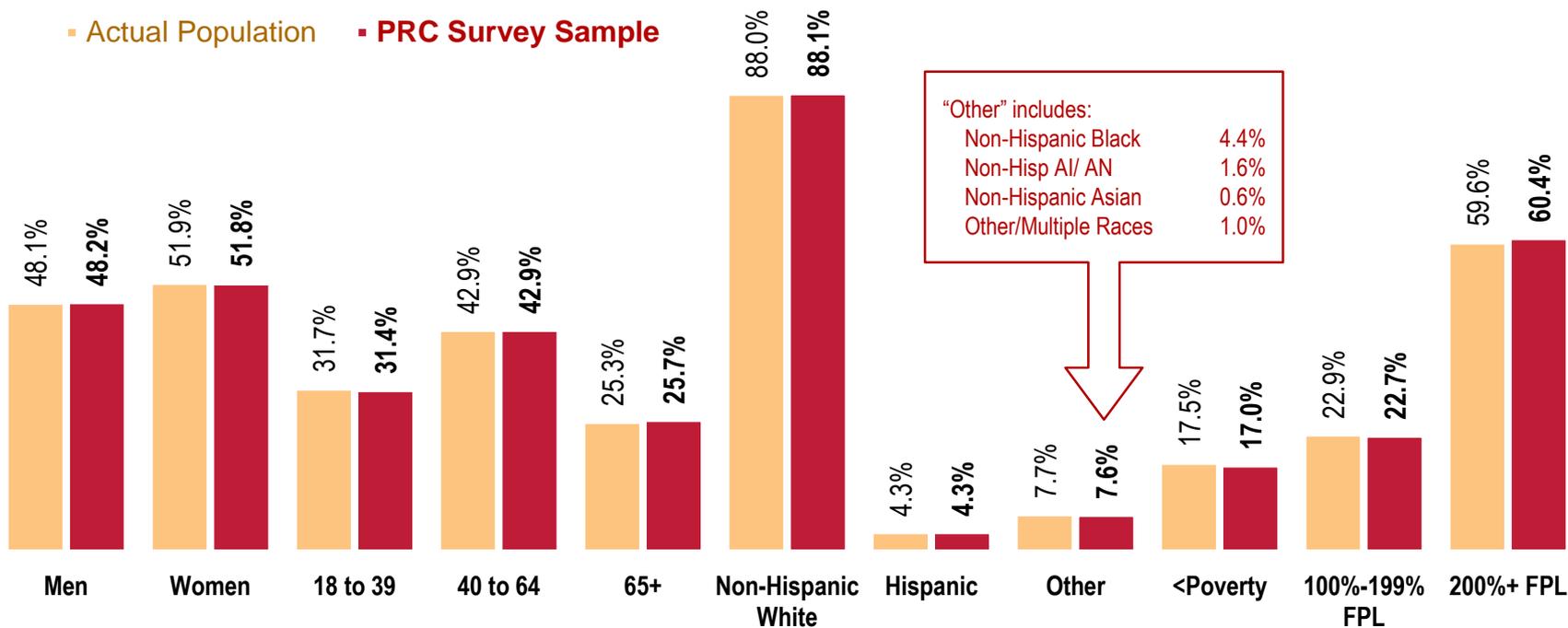
Note:

- The "response rate" (the percentage of a population giving a particular response) determines the error rate associated with that response. A "95 percent level of confidence" indicates that responses would fall within the expected error range on 95 out of 100 trials.

# Population & Survey Sample Characteristics

(Age 18 and Older; Western North Carolina, 2021)

■ Actual Population ■ PRC Survey Sample

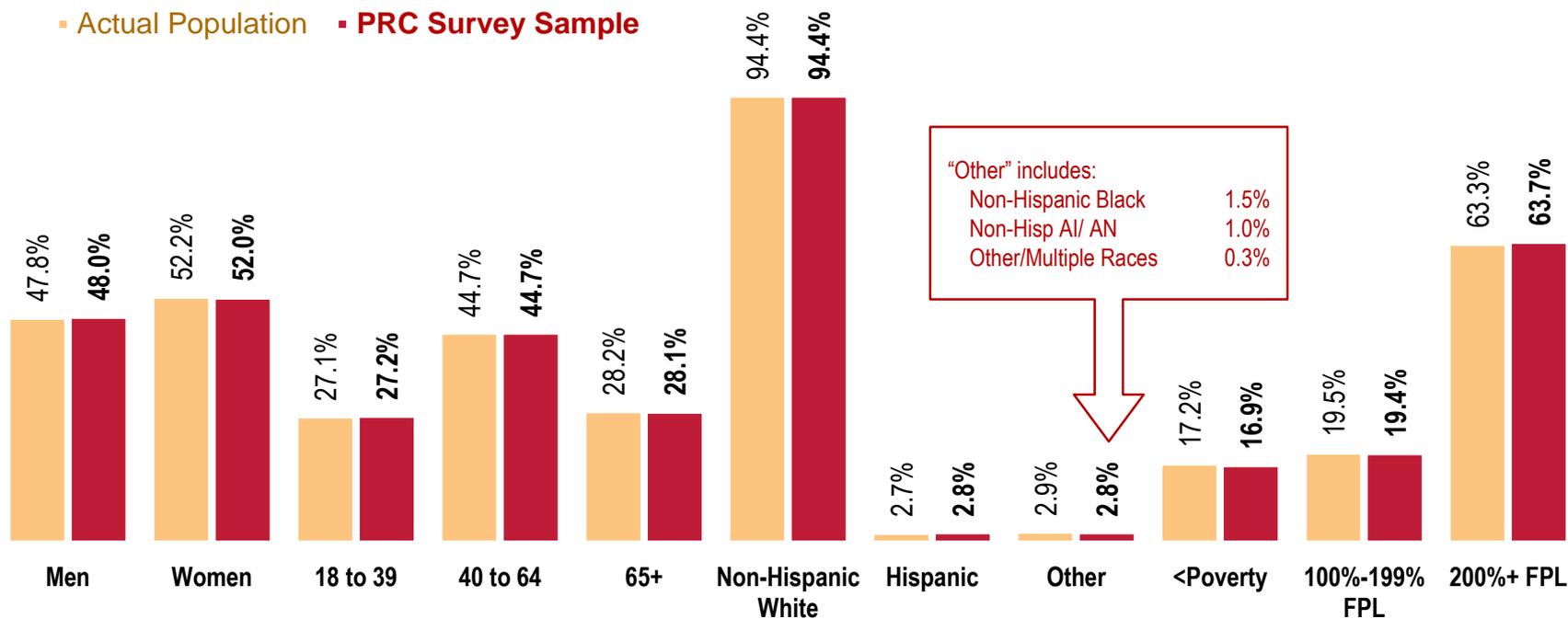


Sources:

- 2011-2015 American Community Survey. U.S. Census Bureau.
- PRC Community Health Survey, Professional Research Consultants, Inc.

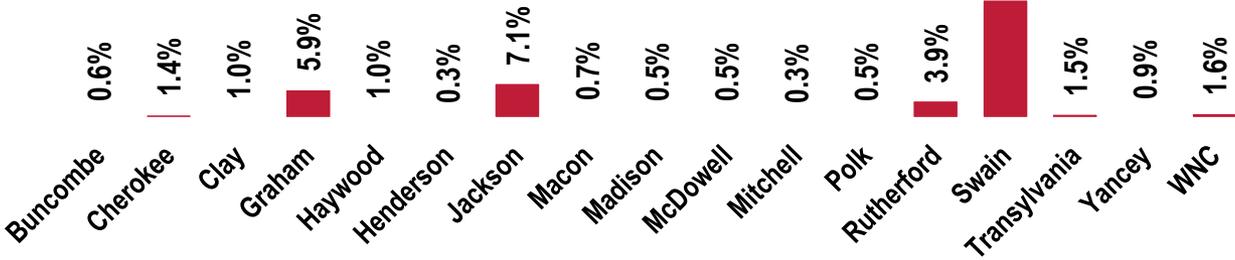
# Population & Survey Sample Characteristics

(Age 18 and Older; Haywood County, 2021)

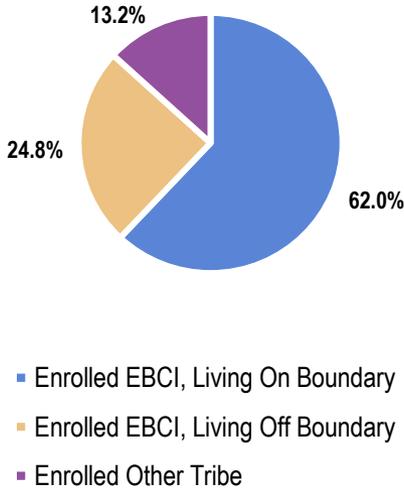


Sources: ● 2011-2015 American Community Survey. U.S. Census Bureau.  
 ● PRC Community Health Survey, Professional Research Consultants, Inc.

# American Indian/ Alaska Native Sample (By County, 2021)



**Enrolled Status  
in Eastern Band of  
Cherokee Indians (EBCI)  
(Among AI/ AN  
Respondents, WNC)**



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Items 32, 108]  
 Notes: ● Asked of all respondents.

# QUALITY OF LIFE

# County Is a “Fair/Poor” Place to Live (By County)

■ 2015   ■ 2018   ■ 2021



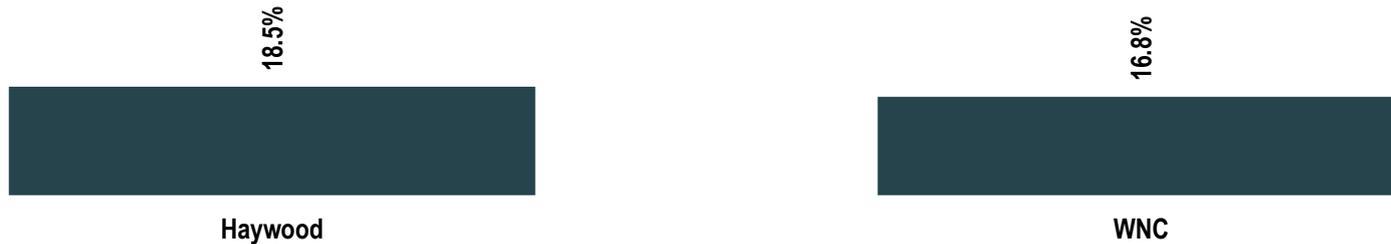
Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 5]  
Notes: ● Asked of all respondents.

# SOCIAL DETERMINANTS OF HEALTH

# Equity

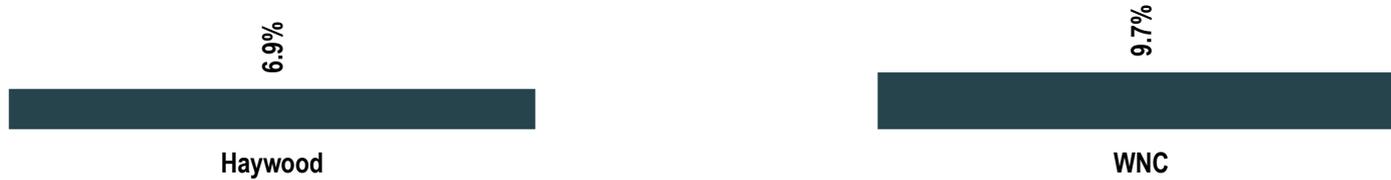
# Disagree That the Community Is a Welcoming Place for People of All Races and Ethnicities

("Disagree" or "Strongly Disagree" Responses; Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 33]  
Notes: ● Asked of all respondents.

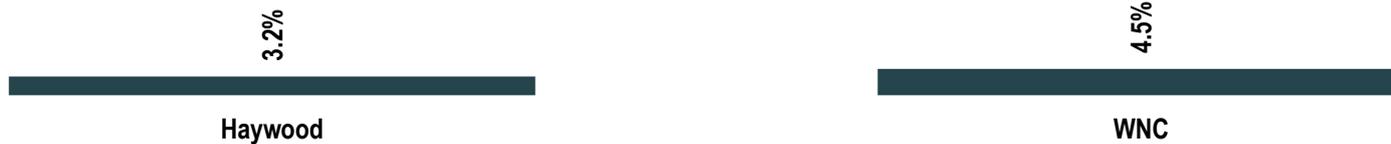
# “Often/Sometimes” Threatened or Harassed Due to Race/Ethnicity (Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 34]  
Notes: ● Asked of all respondents.

# “Often/Sometimes” Treated Unfairly Due to Race/Ethnicity When Getting Medical Care

(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 35]  
Notes: ● Asked of all respondents.

# “Often/Sometimes” Treated Unfairly at School Due to Race/Ethnicity (Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 36]  
Notes: ● Asked of all respondents.

# “Often/Sometimes” Criticized for My Accent or the Way I Speak

(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 37]  
Notes: ● Asked of all respondents.

# Housing

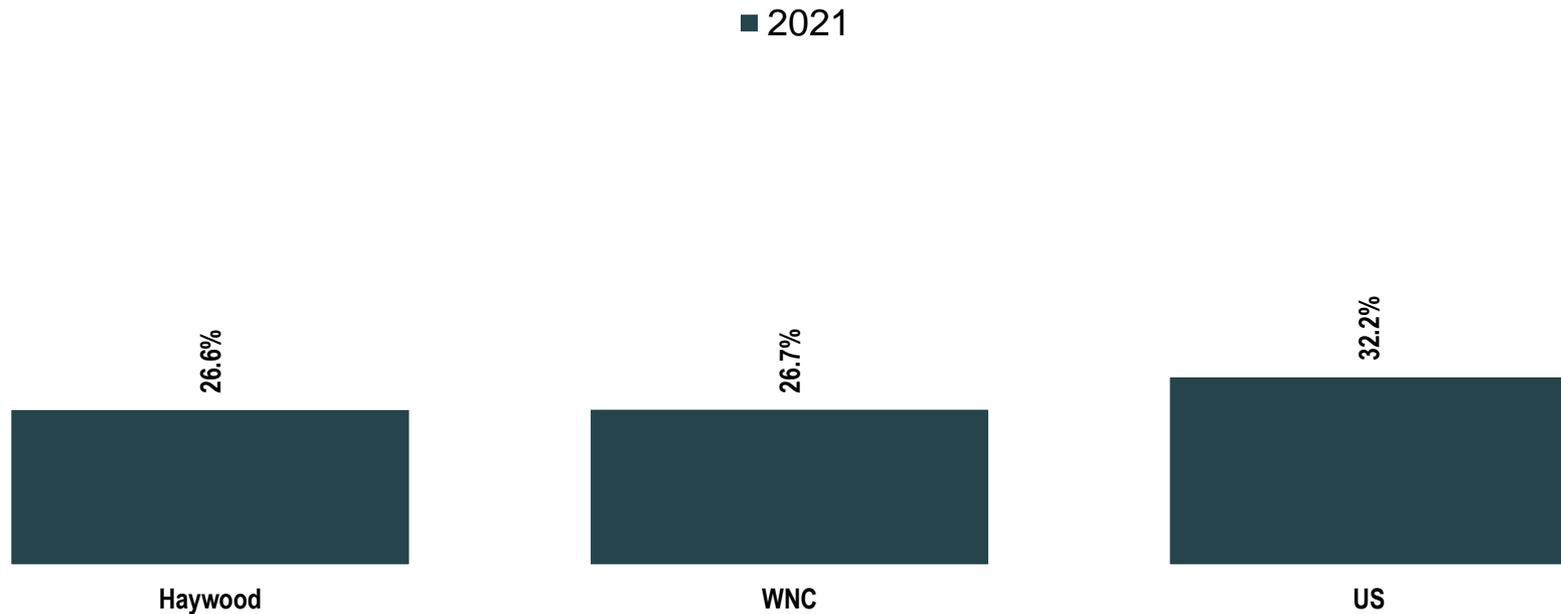
# Had a Time in the Past Year When Home Was Without Electricity, Water, or Heating (Western North Carolina, 2021; By County)

■ 2021



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 42]  
Notes: ● Asked of all respondents.

# Worried or Stressed About Paying Rent or Mortgage in the Past Year ("Always/Usually/Sometimes" Responses; Western North Carolina, 2021; By County)



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 43]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Have Had to Live With a Friend/Relative in the Past Three Years Due to a Housing Emergency (Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 44]  
Notes: ● Asked of all respondents.

# Lived on the Street, in a Car, or in a Temporary Shelter in the Past Three Years

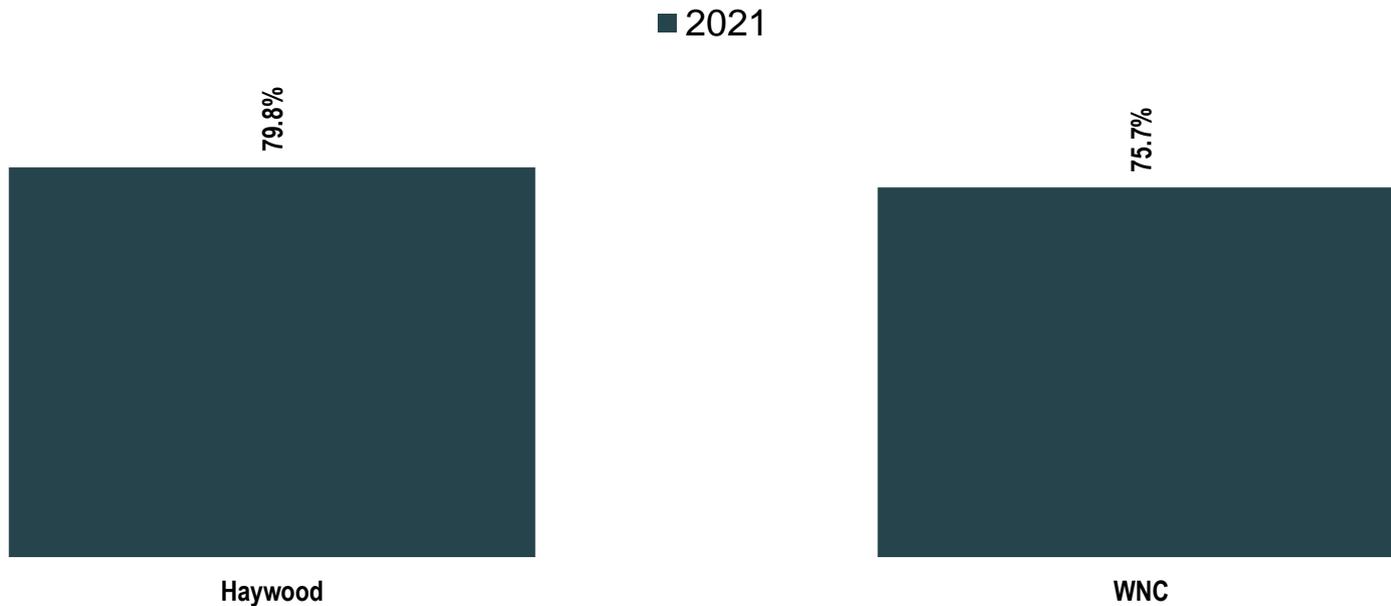
(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 45]  
Notes: ● Asked of all respondents.

# Support

# Have Someone to Rely on for Help or Support if Needed (e.g. Food, Transportation, Childcare, etc.; Western North Carolina, 2021; By County)



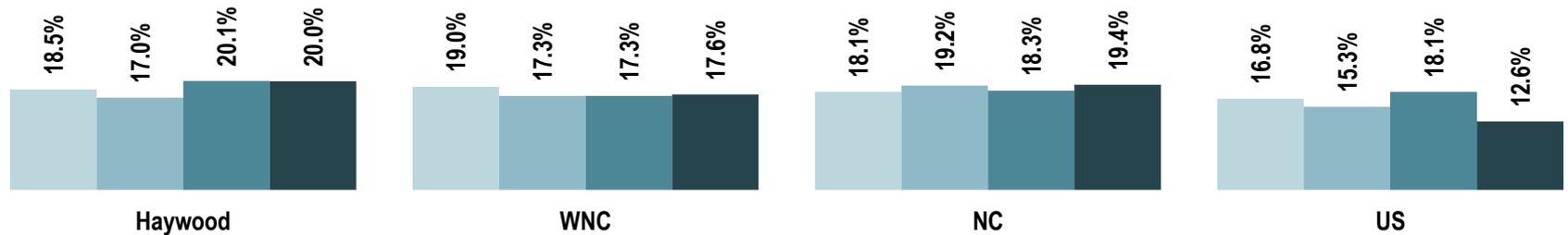
Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 62]  
Notes: ● Includes “always” and “usually” responses.

# SELF-REPORTED HEALTH STATUS

# Overall Health

# Self-Report “Fair” or “Poor” Overall Health (By County)

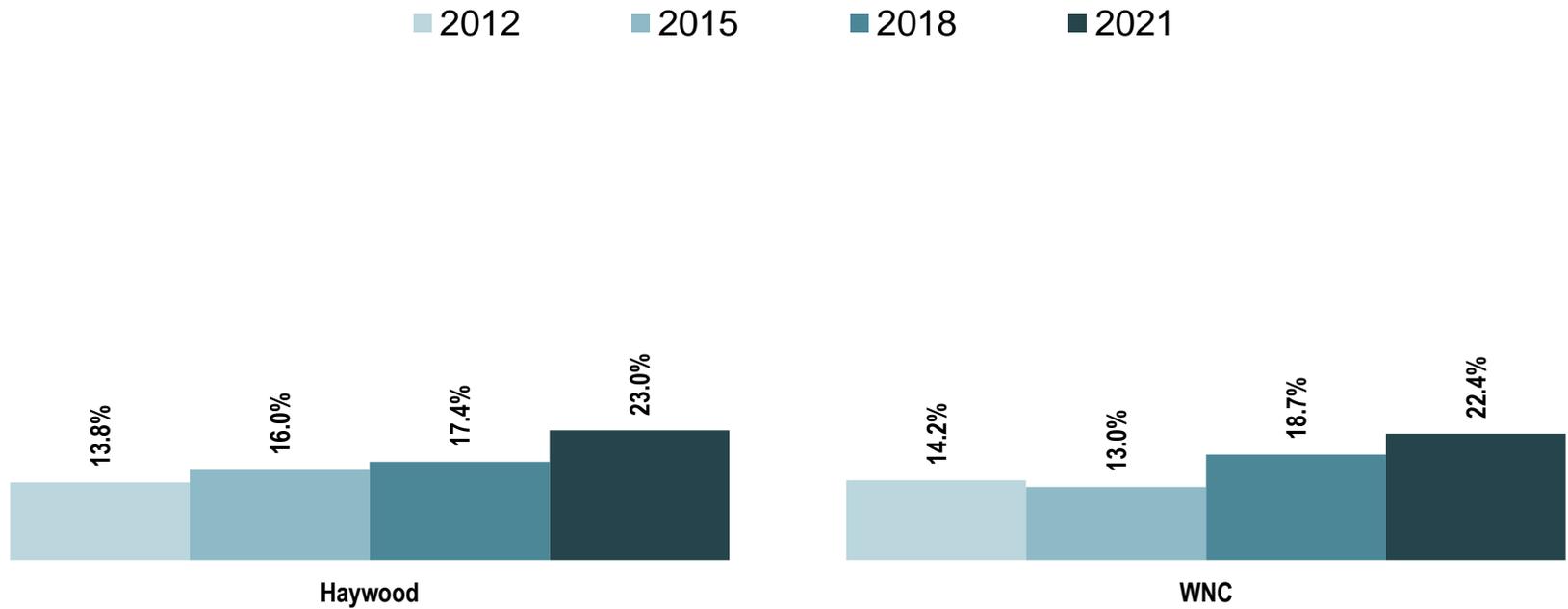
2012 2015 2018 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 6]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Mental Health & Mental Disorders

# More Than Seven Days of Poor Mental Health in the Past Month (By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 63]  
Notes: ● Asked of all respondents.

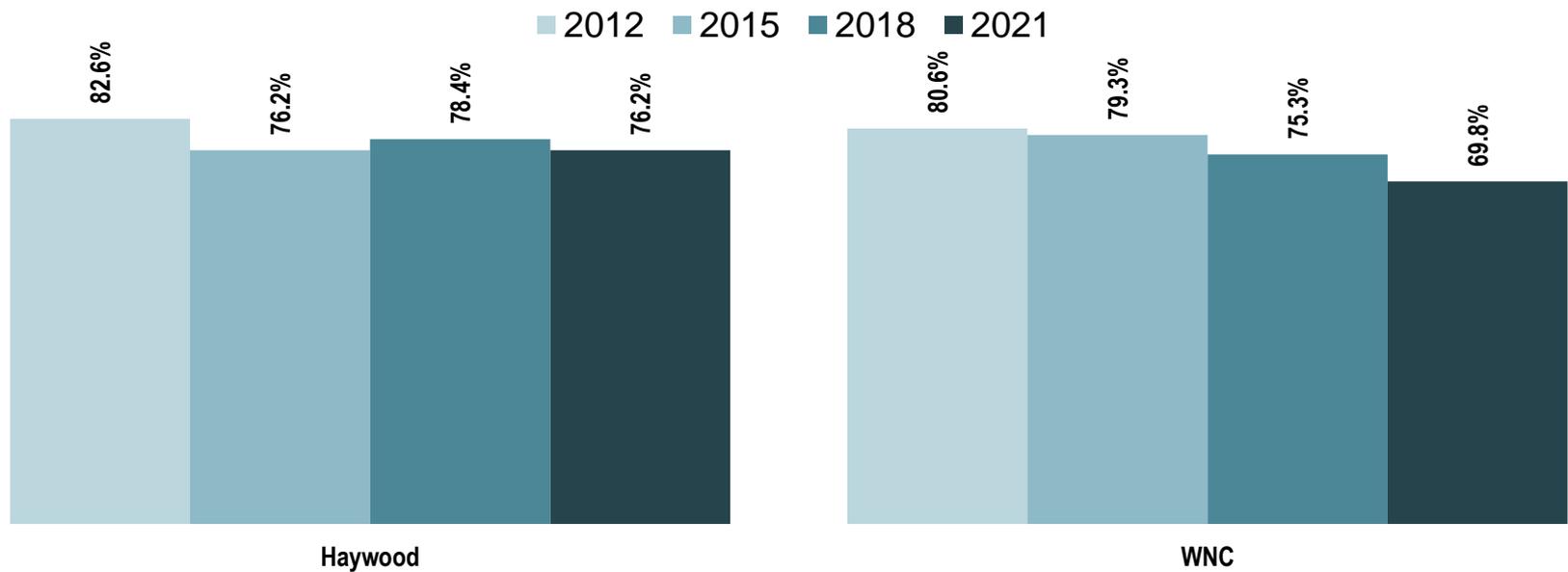
# Have Considered Suicide in the Past Year

(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 69]  
Notes: ● Asked of all respondents.

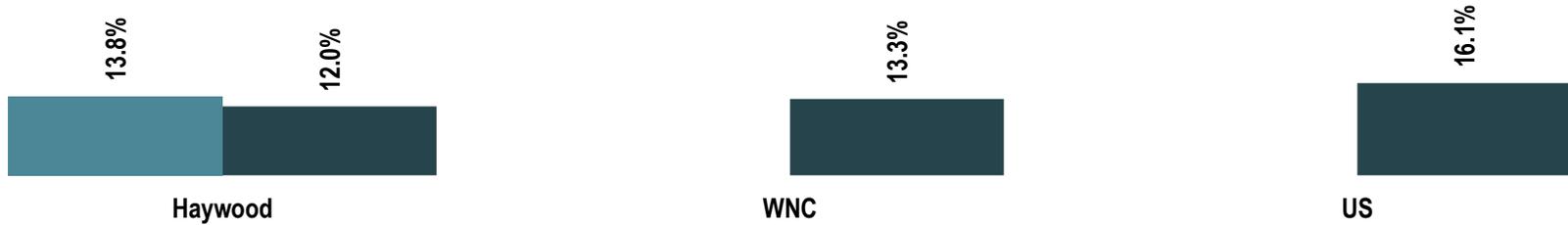
# “Always” or “Usually” Get Needed Social/Emotional Support (By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 61]  
Notes: ● Includes “always” and “usually” responses.

# Typical Day is “Extremely/Very Stressful” (By County)

■ 2018 ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 64]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

## Confident in Ability to Manage Stress (By County, 2021)



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 65]
- Notes:
- Asked of all respondents.
  - Includes “strongly agree” and “agree” responses.

## Able to Stay Hopeful in Difficult Times (By County, 2021)



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 66]
- Notes:
- Asked of all respondents.
  - Includes “strongly agree” and “agree” responses.

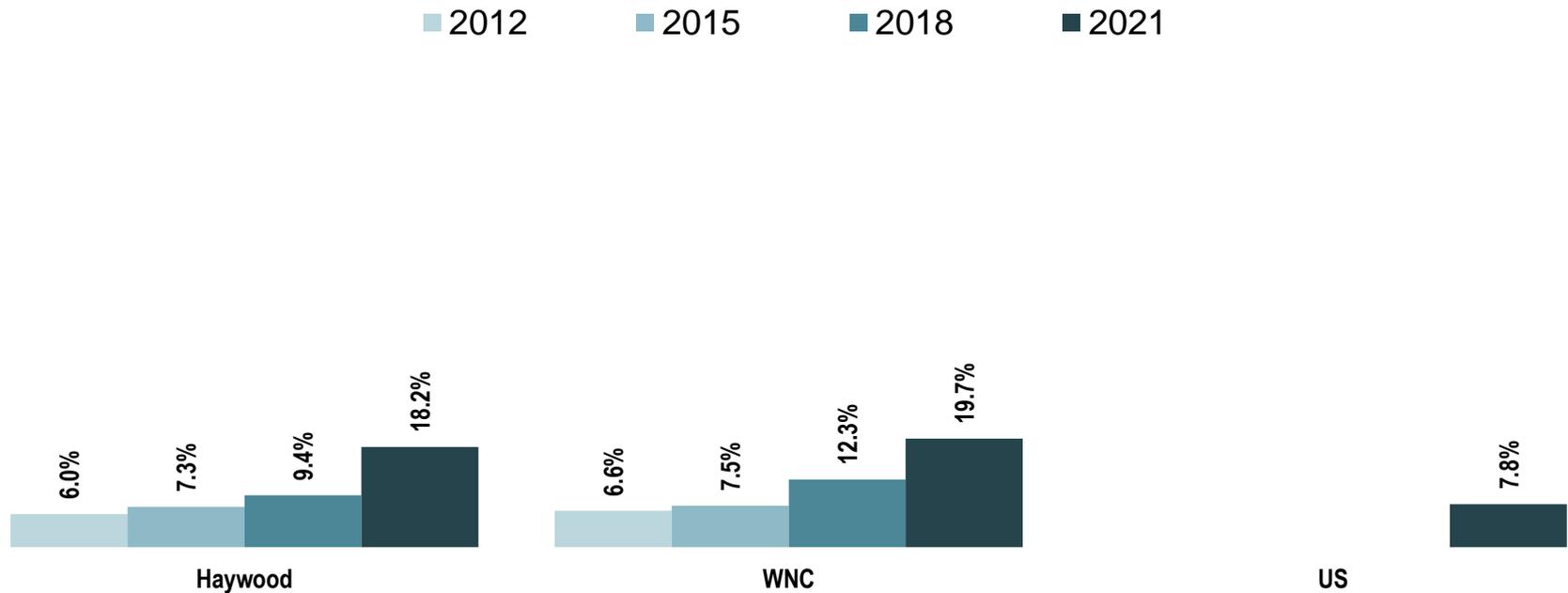
# Currently Taking Medication or Receiving Treatment for Mental Health

(Western North Carolina, 2021; By County)



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 68]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Did Not Get Mental Health Care or Counseling That Was Needed in the Past Year (By County)

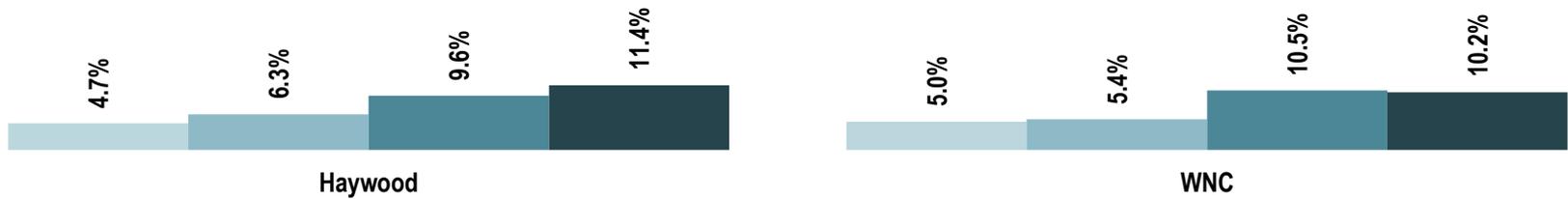


- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 67]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Dissatisfied with Life

("Dissatisfied" and "Very Dissatisfied" Responses; By County)

2012 2015 2018 2021



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 60]  
Notes: ● Asked of all respondents.

# CHRONIC CONDITIONS

# Cardiovascular Risk

# Prevalence of Heart Disease (By County)

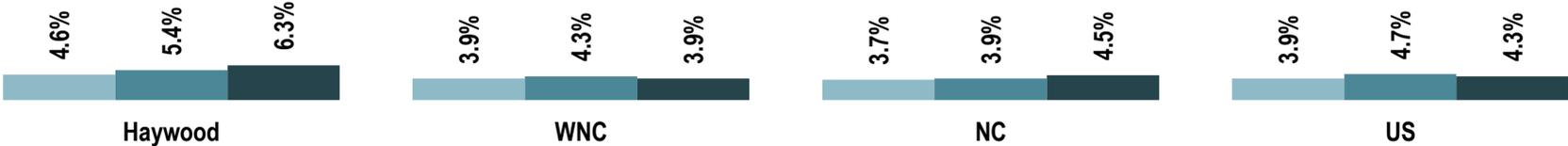
■ 2015 ■ 2018 ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 10]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Prevalence of Stroke (By County)

■ 2015 ■ 2018 ■ 2021

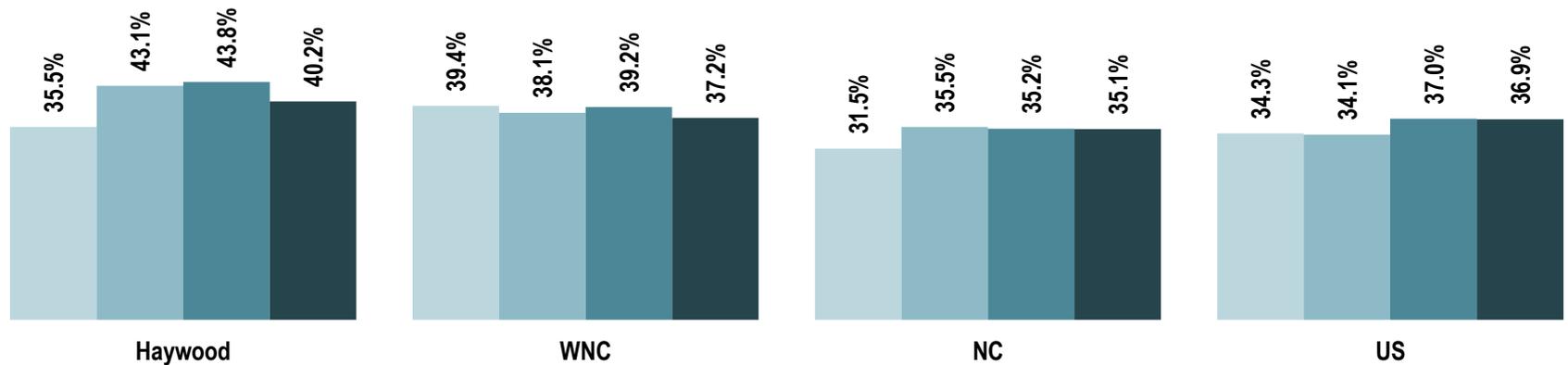


- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 11]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Prevalence of High Blood Pressure (By County)

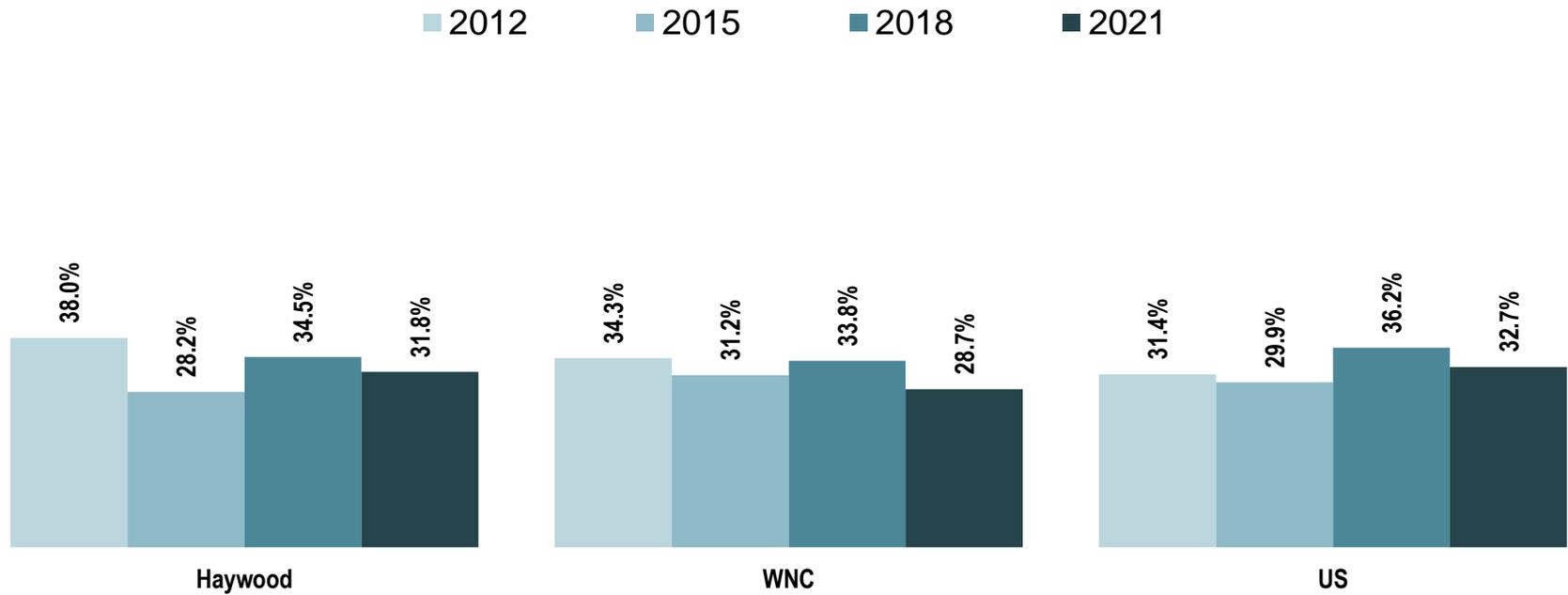
Healthy People 2030 Target = 27.7% or Lower

2012 2015 2018 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 12]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - US Department of Health and Human Services. Healthy People 2030. <http://www.healthypeople.gov>.
- Notes:
- Asked of all respondents.

# Prevalence of High Blood Cholesterol (By County)

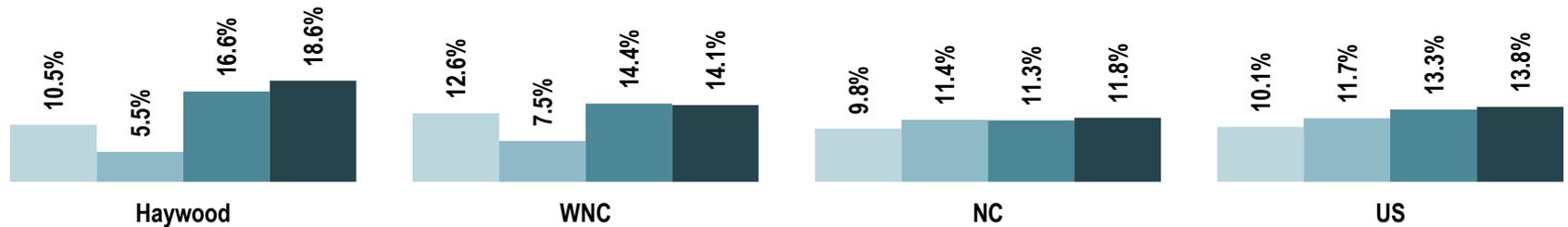


- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 13]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Diabetes

# Prevalence of Diabetes (By County)

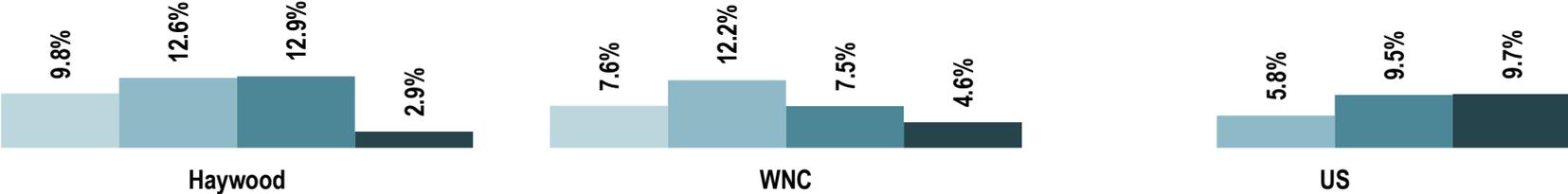
■ 2012   ■ 2015   ■ 2018   ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 85]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Prevalence of Borderline or Pre-Diabetes (By County)

2012 2015 2018 2021

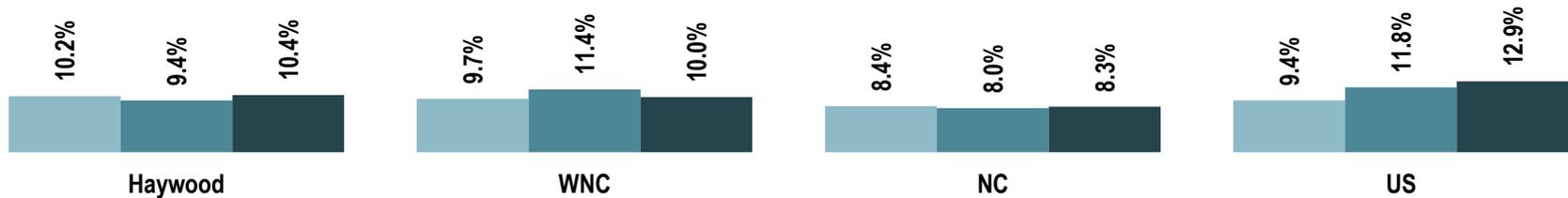


Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 85]  
● PRC National Health Survey, Professional Research Consultants, Inc.  
Notes: ● Asked of all respondents.

# Respiratory Conditions

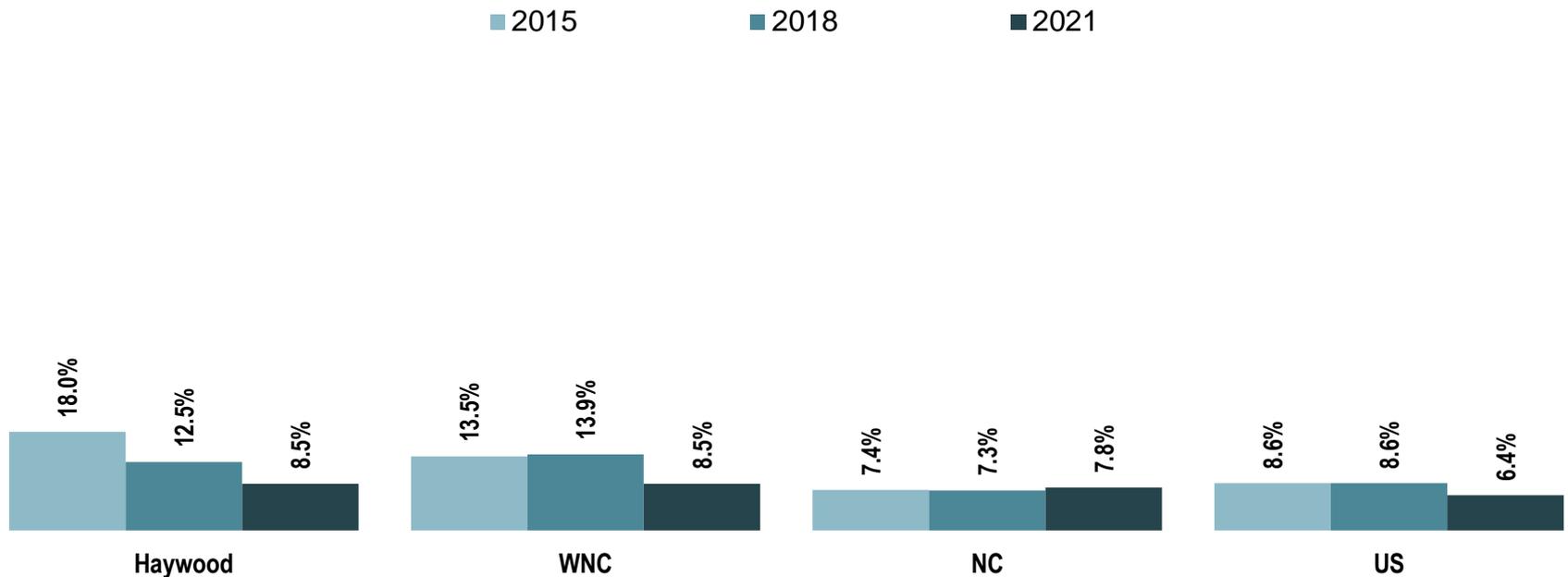
# Prevalence of Asthma (By County)

■ 2015 ■ 2018 ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 83]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Prevalence of Chronic Obstructive Pulmonary Disease (COPD) (By County)



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 9]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# COVID-19

# Lost a Job During the Pandemic

(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 70]  
Notes: ● Asked of all respondents.

# Lost Work Hours or Wages During the Pandemic

(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 71]  
Notes: ● Asked of all respondents.

# Lost Health Insurance Coverage During the Pandemic

(Western North Carolina, 2021; By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 72]  
Notes: ● Asked of all respondents.

# Chose to Go Without Needed Health Care During the Pandemic

(Western North Carolina, 2021; By County)

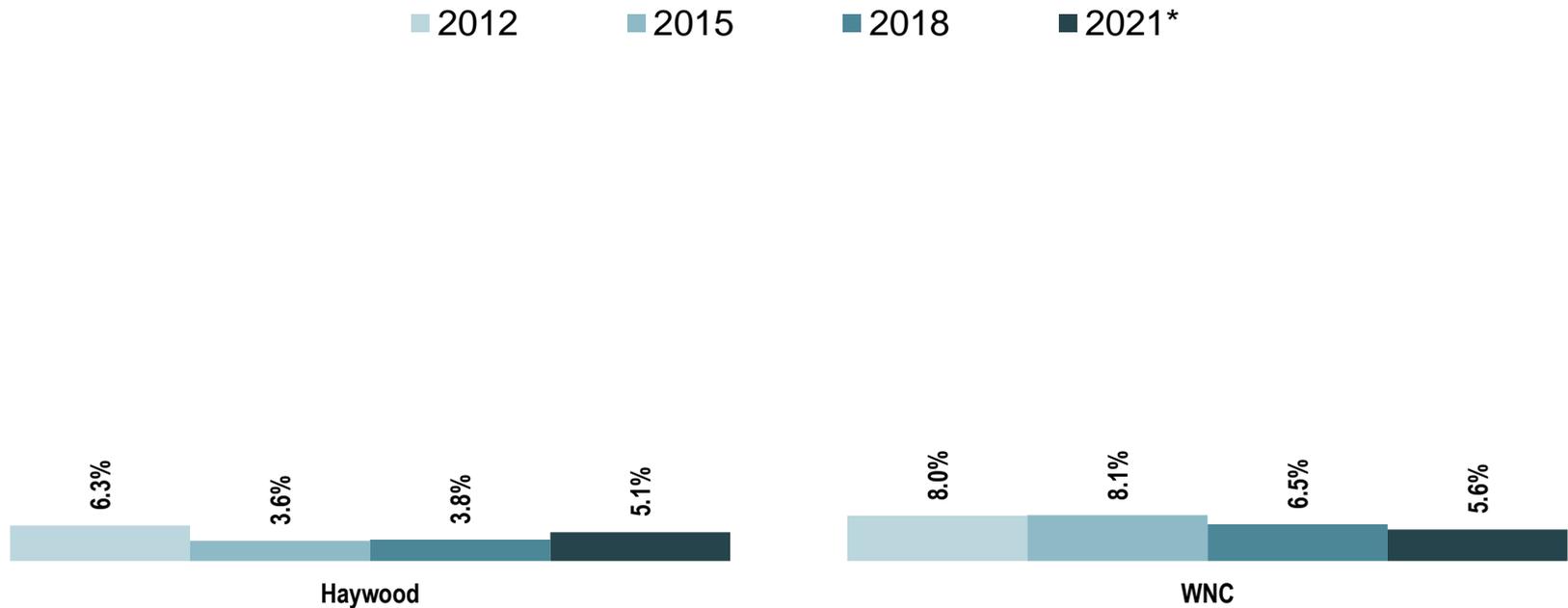


Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 73]  
Notes: ● Asked of all respondents.

# MODIFIABLE HEALTH RISKS

# Nutrition

# Consume Five or More Servings of Fruits/Vegetables Per Day (By County)



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 89]

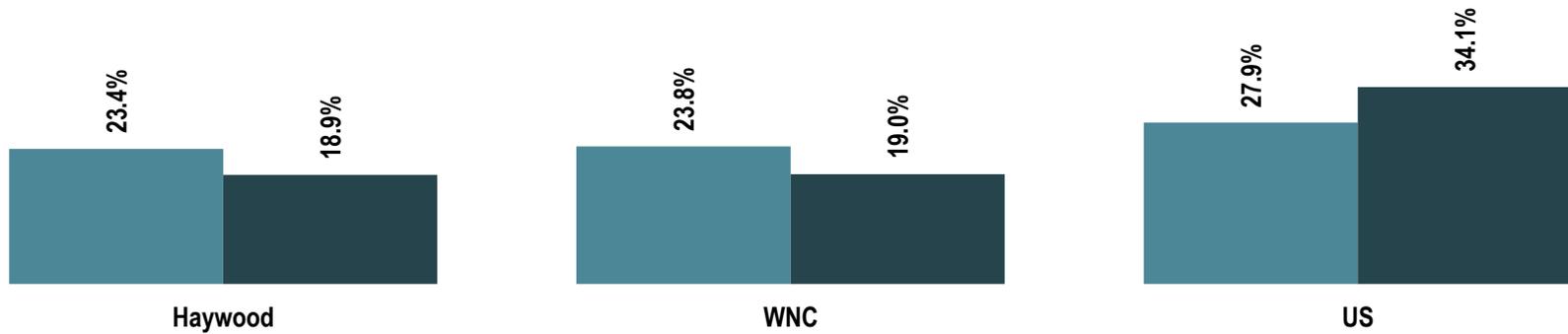
Notes: ● Asked of all respondents.

● For this issue, respondents were asked to recall their food intake during the previous week.

\*Reflects 1-cup servings of fruits and/or vegetables in the past week, excluding potatoes; note that the previous WNC surveys also excluded lettuce salads.

# Food Insecurity (By County, 2021)

■ 2018 ■ 2021

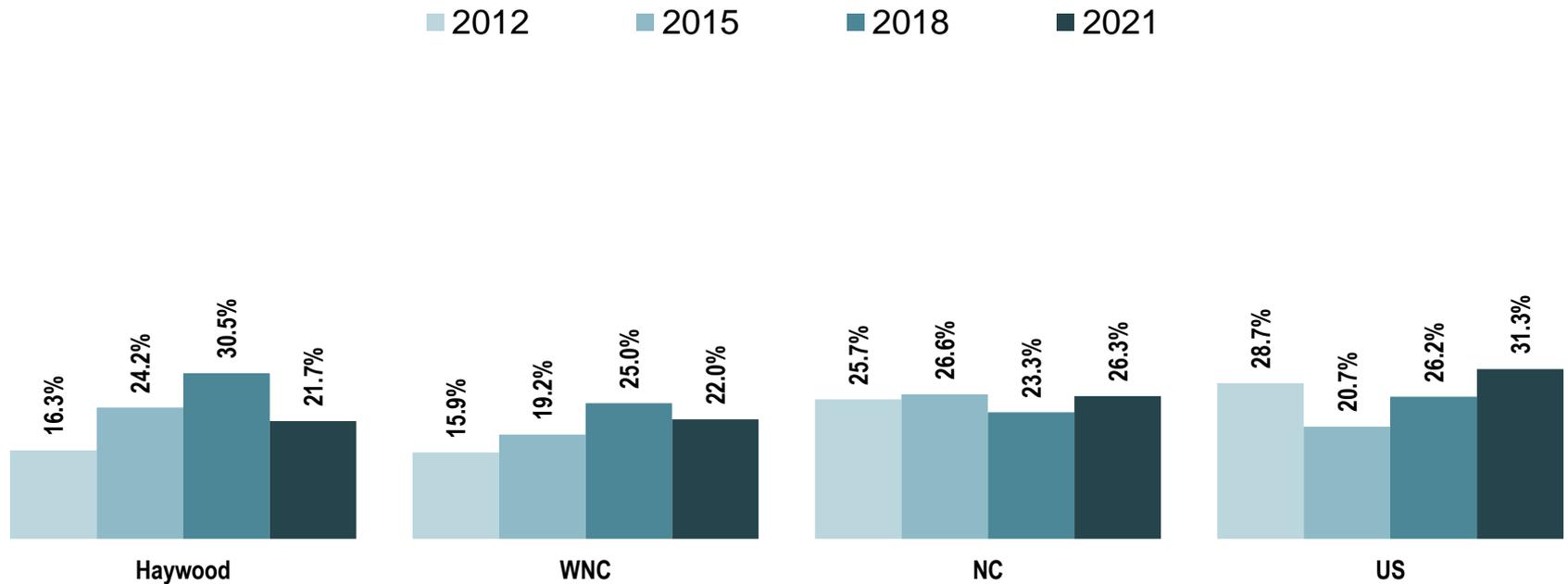


- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 76]
  - PRC National Health Survey, Professional Research Consultants, Inc.

- Notes:
- Asked of all respondents.
  - Includes adults who A) ran out of food at least once in the past year and/or B) worried about running out of food in the past year.

# Physical Activity & Fitness

# No Leisure-Time Physical Activity in the Past Month (By County)

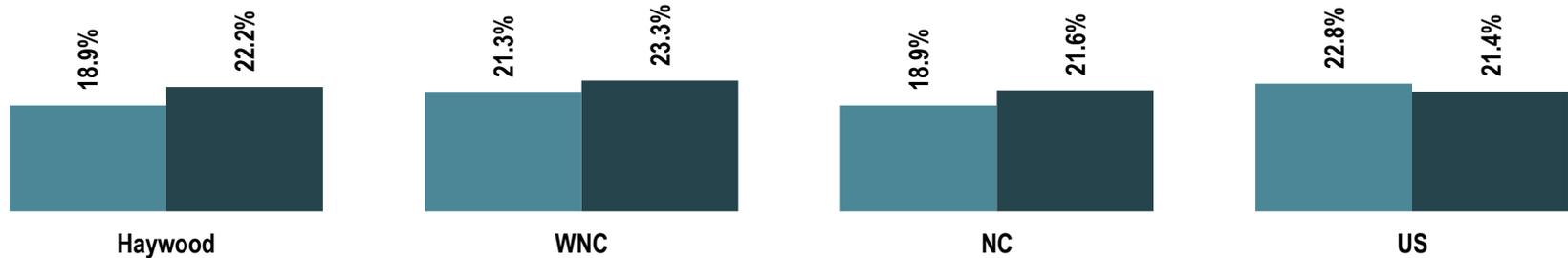


- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 52]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Meets Physical Activity Recommendations (By County, 2021)

Healthy People 2030 Target = 28.4% or Higher

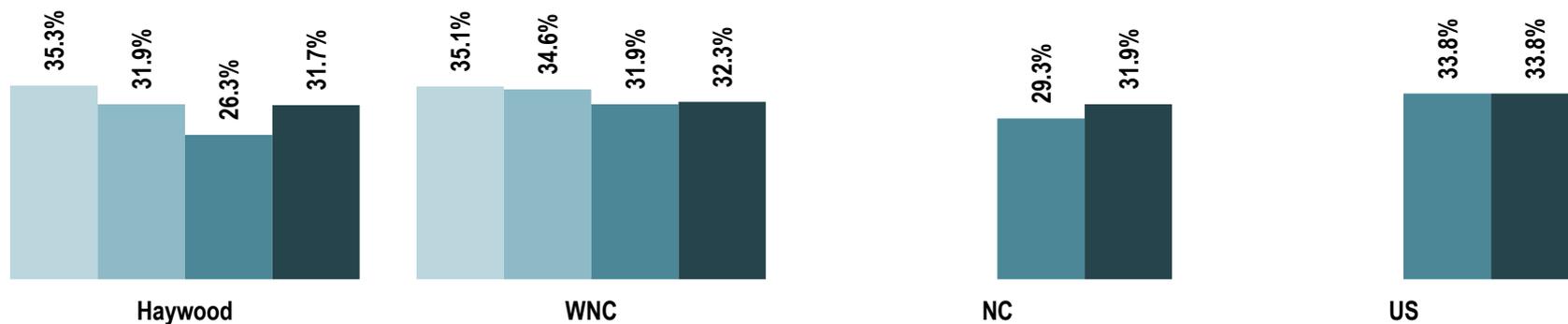
■ 2018 ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 90]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - US Department of Health and Human Services. Healthy People 2030. <http://www.healthypeople.gov>.
- Notes:
- Asked of all respondents.

# Strengthening Physical Activity (By County)

2012 2015 2018 2021



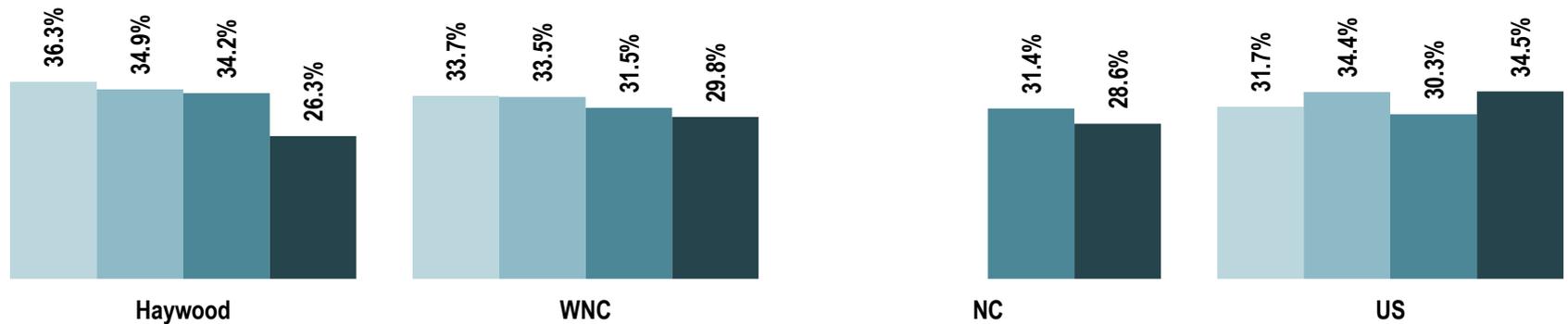
- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 59]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.
  - Takes part in physical activities or exercises that strengthen muscles at least 2 times per week.

# Body Weight

# Healthy Weight

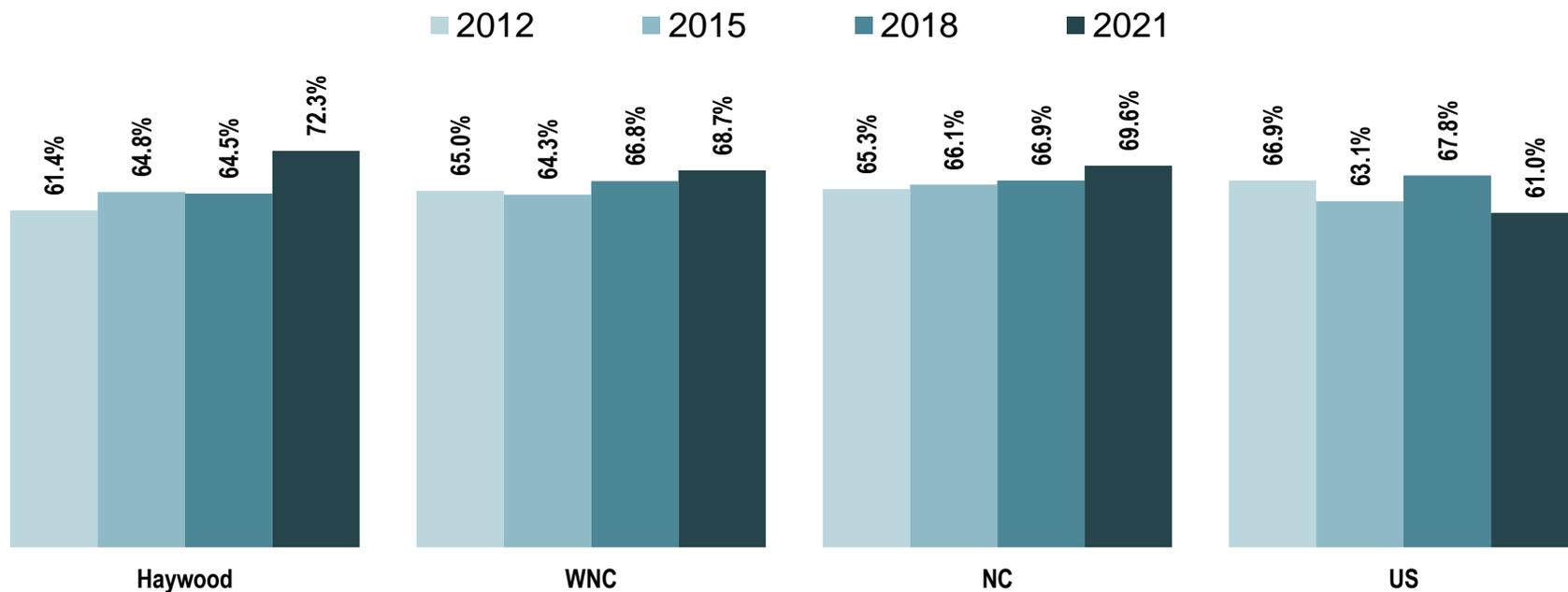
(Body Mass Index Between 18.5 and 24.9; By County)

2012 2015 2018 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 92]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Based on reported heights and weights; asked of all respondents.
  - The definition of healthy weight is having a body mass index (BMI), a ratio of weight to height (kilograms divided by meters squared), between 18.5 and 24.9.

## Total Overweight (Overweight or Obese) (Body Mass Index of 25.0 or Higher; By County)

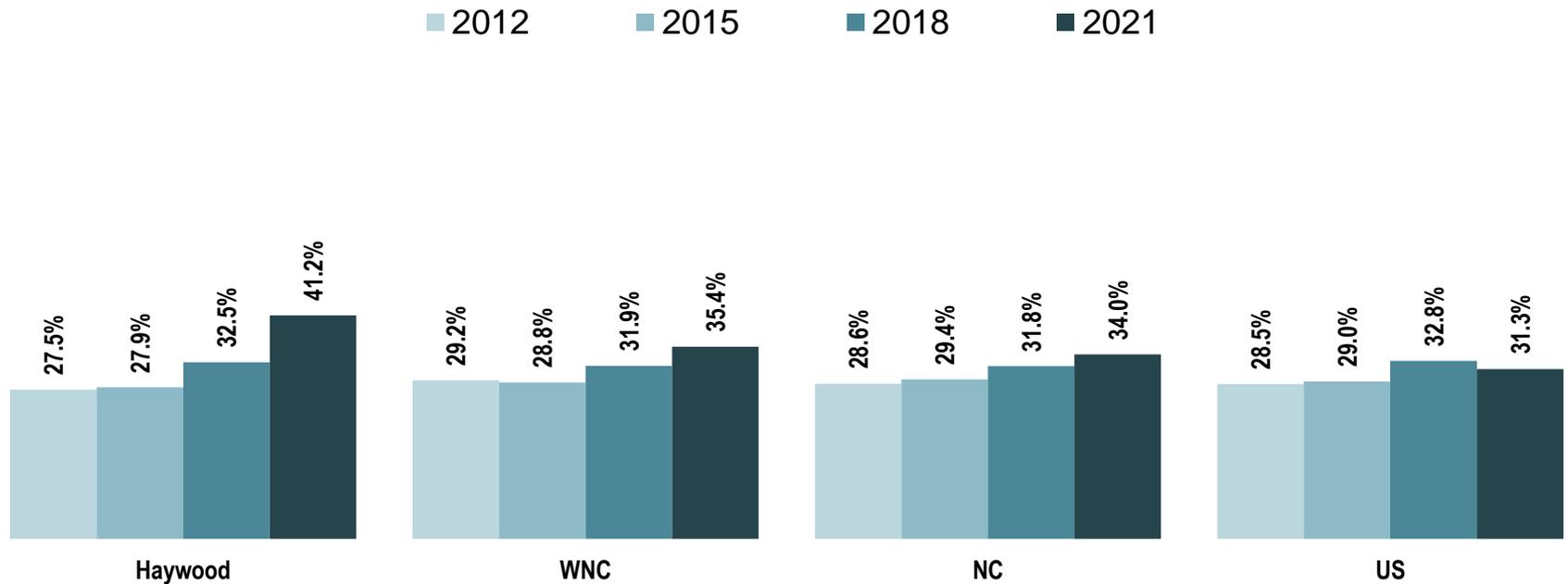


- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 92]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Based on reported heights and weights; asked of all respondents.
  - The definition of overweight is having a body mass index (BMI), a ratio of weight to height (kilograms divided by meters squared), greater than or equal to 25.0, regardless of gender. The definition for obesity is a BMI greater than or equal to 30.0.

# Obesity

(Body Mass Index of 30.0 or Higher; By County)

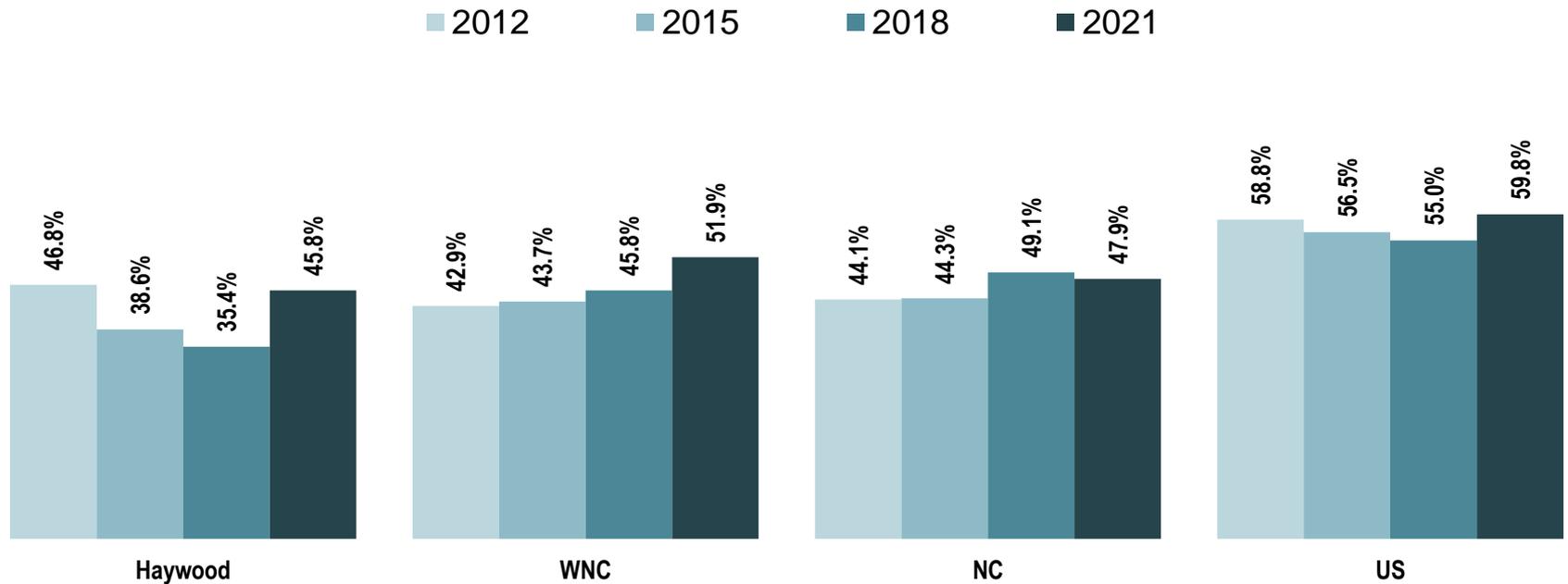
Healthy People 2030 Target = 36.0% or Lower



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 92]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - US Department of Health and Human Services. Healthy People 2030. <http://www.healthypeople.gov>.
- Notes:
- Based on reported heights and weights; asked of all respondents.
  - The definition of obesity is having a body mass index (BMI), a ratio of weight to height (kilograms divided by meters squared), greater than or equal to 30.0, regardless of gender.

# Substance Abuse

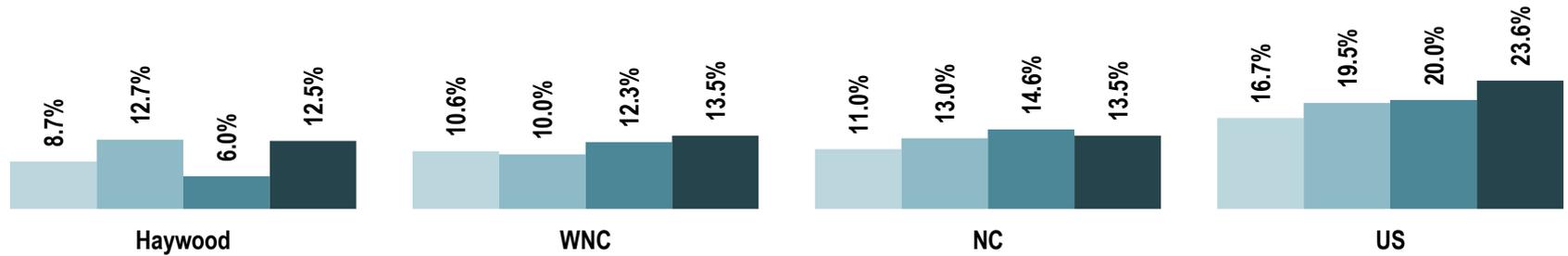
# Current Drinkers (By County)



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 23]
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.
  - Current drinkers had at least one alcoholic drink in the past month.

# Binge Drinkers (By County)

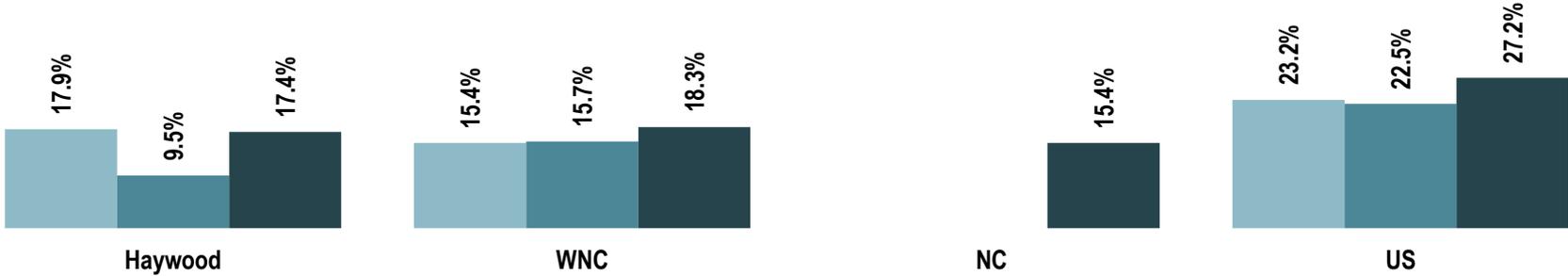
■ 2012   ■ 2015   ■ 2018   ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 25]
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
- Notes:
- Asked of all respondents.
  - Binge drinkers are defined as men consuming 5+ alcoholic drinks on any one occasion in the past month or women consuming 4+ alcoholic drinks on any one occasion in the past month.
  - Previous survey data classified both men and women as binge drinkers if they had 5+ alcoholic drinks on one occasion in the past month.

# Excessive Drinkers (By County)

■ 2015 ■ 2018 ■ 2021



Sources:

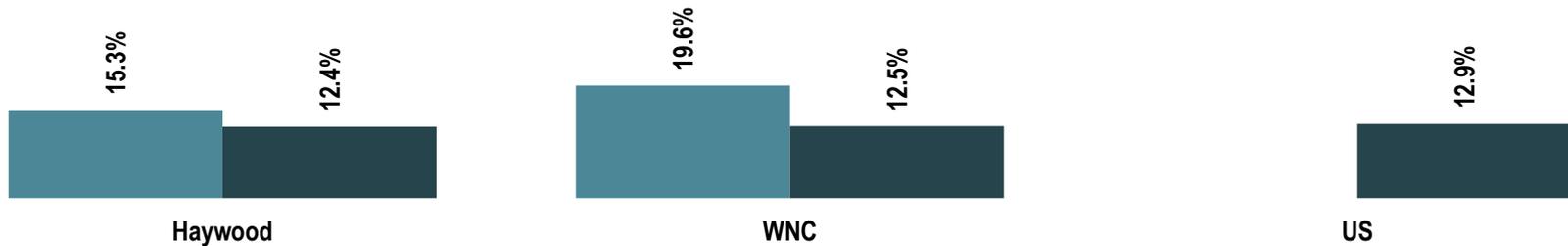
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 100]
- PRC National Health Survey, Professional Research Consultants, Inc.
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.

Notes:

- Asked of all respondents.
- Excessive drinking reflects the number of persons aged 18 years and over who drank more than two drinks per day on average (for men) or more than one drink per day on average (for women) OR who drank 5 or more drinks during a single occasion (for men) or 4 or more drinks during a single occasion (for women) during the past 30 days.

# Used Prescription Opiates/Opioids in the Past Year, With or Without a Prescription (By County, 2021)

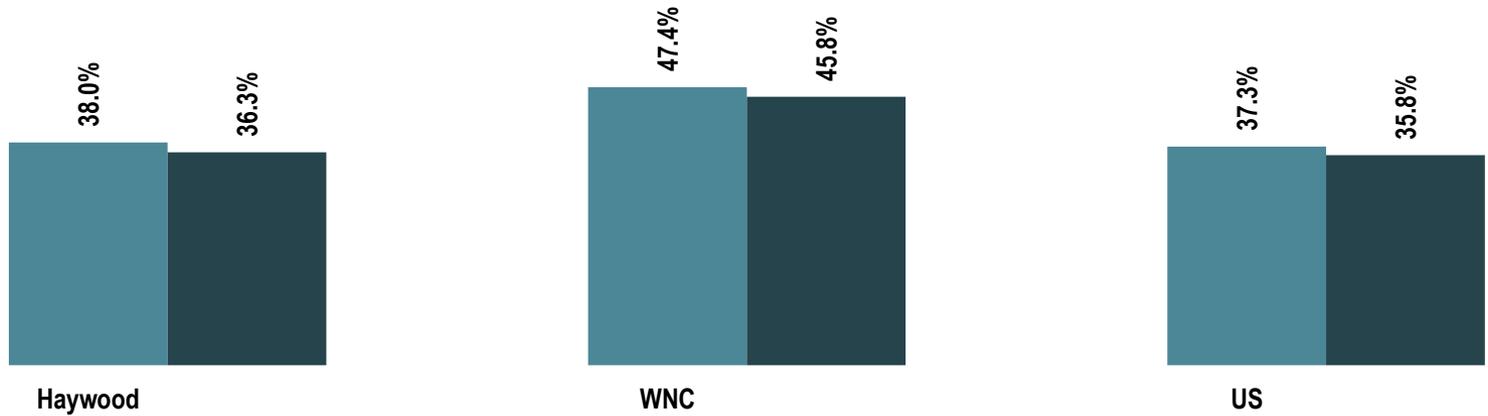
■ 2018 ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 26]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Life Has Been Negatively Affected by Substance Abuse (by Self or Someone Else) (By County, 2021)

■ 2015 ■ 2018 ■ 2021



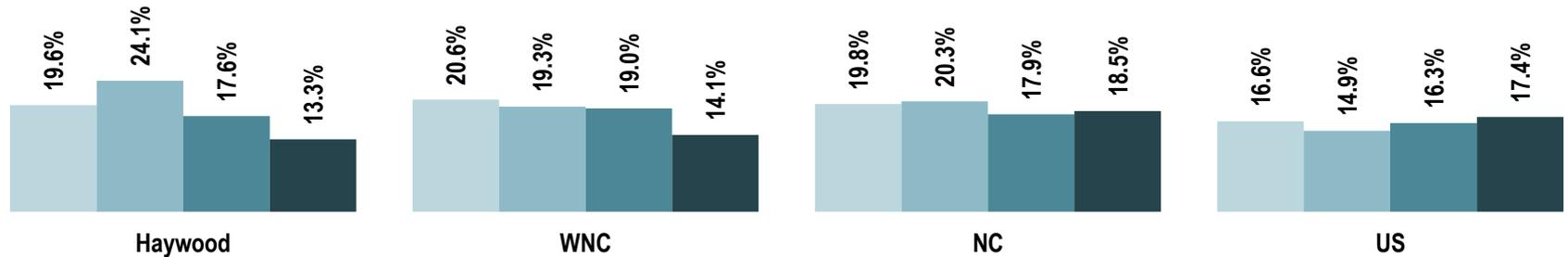
- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 27]
  - PRC National Health Survey, Professional Research Consultants, Inc.
- Notes:
- Asked of all respondents.

# Tobacco Use

# Current Smokers (By County)

Healthy People 2030 Target = 5.0% or Lower

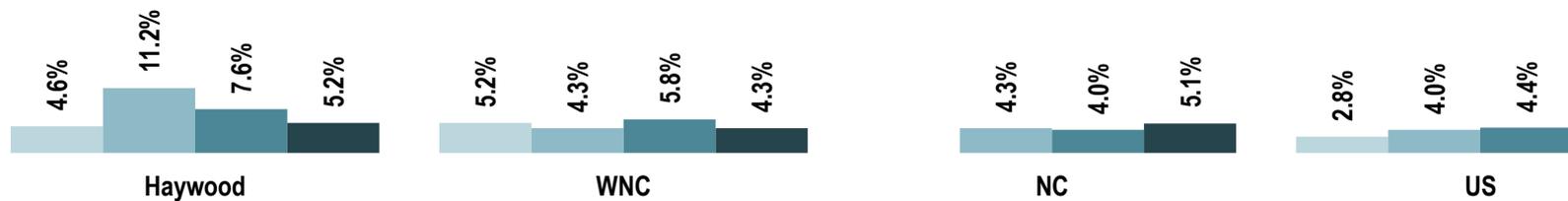
2012 2015 2018 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 19]
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
- Notes:
- US Department of Health and Human Services. Healthy People 2030. <http://www.healthypeople.gov>.
  - Asked of all respondents.
  - Includes regular and occasional smokers (everyday and some days).

# Currently Use Smokeless Tobacco Products (By County)

■ 2012   ■ 2015   ■ 2018   ■ 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 21]
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.

- Notes:
- Asked of all respondents.
  - Includes regular and occasional smokers (everyday and some days).

# Currently Use Vaping Products (Such as E-Cigarettes) (By County)

■ 2015 ■ 2018 ■ 2021



Sources:

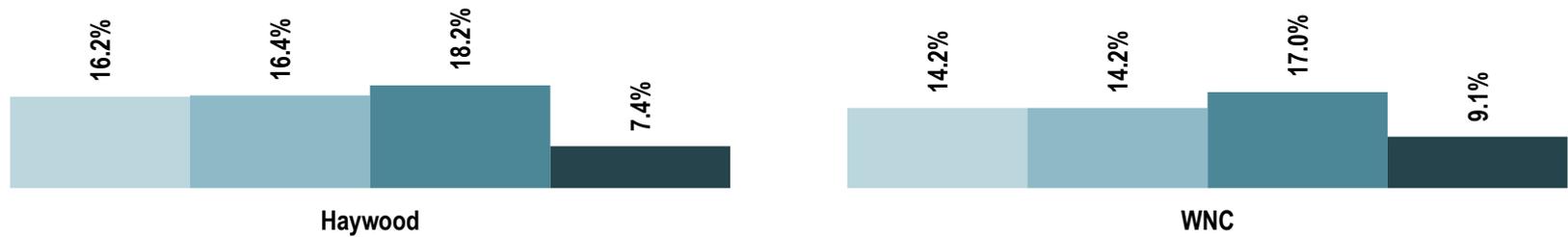
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 22]
- PRC National Health Survey, Professional Research Consultants, Inc.
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.

Notes:

- Vaping products (such as electronic cigarettes or e-cigarettes) are battery-operated devices that simulate traditional cigarette smoking but do not involve the burning of tobacco. The cartridge or liquid “e-juice” used in these devices produces vapor and comes in a variety of flavors.
- Includes regular and occasional smokers (everyday and some days).

# Have Breathed Someone Else's Smoke at Work in the Past Week (Employed Respondents; By County)

2012 2015 2018 2021



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 20]  
Notes: ● Asked of employed respondents.

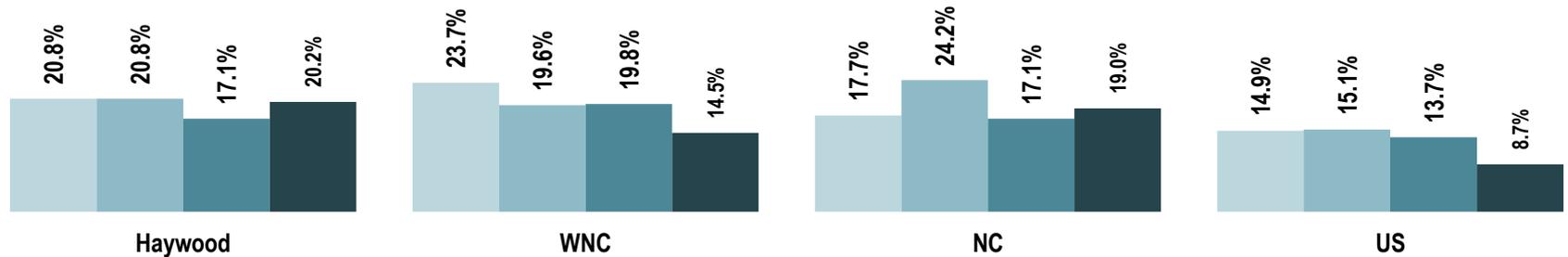
# ACCESS TO HEALTH CARE

# Health Insurance Coverage

# Lack of Healthcare Insurance Coverage (Adults Age 18-64; By County)

Healthy People 2030 Target = 7.9% or Lower

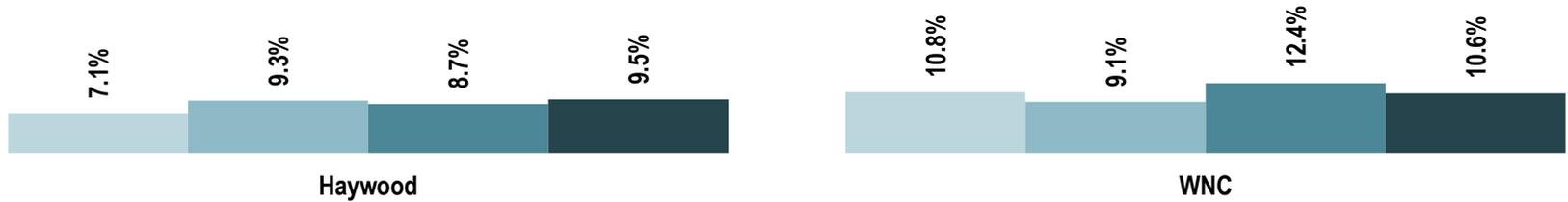
2012 2015 2018 2021



- Sources:
- PRC Community Health Survey, Professional Research Consultants, Inc. [Item 101]
  - PRC National Health Survey, Professional Research Consultants, Inc.
  - Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): North Carolina data.
  - US Department of Health and Human Services. Healthy People 2030. <http://www.healthypeople.gov>.
- Notes:
- Reflects all respondents under the age of 65.
  - Includes any type of insurance, such as traditional health insurance, prepaid plans such as HMOs, or government-sponsored coverage (e.g., Medicare, Medicaid, Indian Health Services, etc.).

# Was Unable to Get Needed Medical Care at Some Point in the Past Year (Western North Carolina, 2021; By County)

2012 2015 2018 2021



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 7]  
Notes: ● Asked of all respondents.

# Telemedicine

# “Extremely/Very Likely” to Use Telemedicine for Future Routine Care (Western North Carolina, 2021; By County)

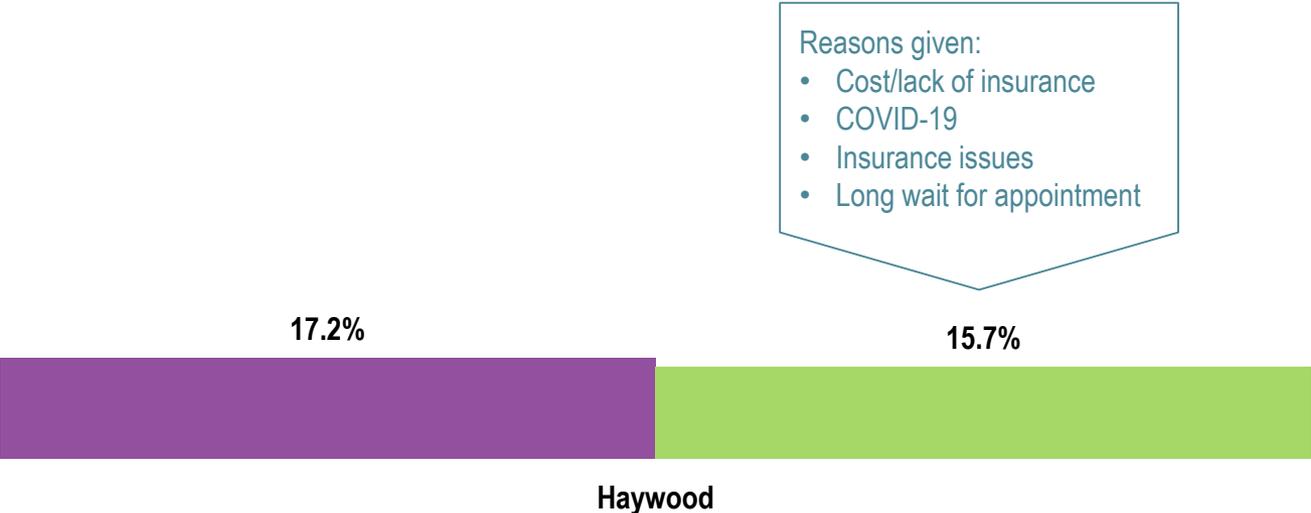


Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 18]  
Notes: ● Asked of all respondents.

# COUNTY-SPECIFIC QUESTIONS

# Needed Dental Care in the Past Year But Did Not Get It (By County)

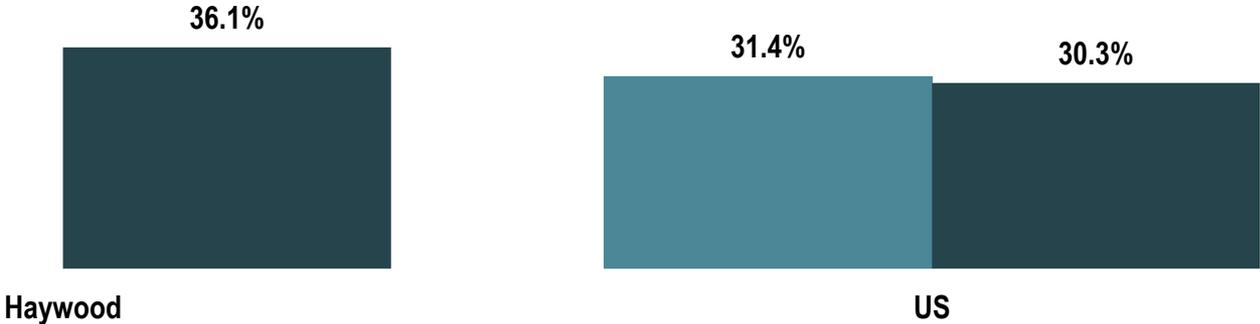
■ 2018 ■ 2021



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 303]  
Notes: ● Asked of all respondents.

# Have Experienced Symptoms of Chronic Depression (By County)

■ 2018 ■ 2021



Sources: ● PRC Community Health Survey, Professional Research Consultants, Inc. [Item 322]  
● PRC National Health Survey, Professional Research Consultants, Inc.  
Notes: ● Asked of all respondents.