HAYWOOD COUNTY HEALTH ASSESSMENT: 2021 PRIORITIZATION





AGENDA

5:30-5:50: Introduction and Data Presentation 5:50-6:00: Rating and Prioritization Instructions 6:00-6:20: Breakout Groups 6:20-6:30: Large Group Discussion and Question Time 6:30-6:40: Voting on Priorities 6:40-6:50: Presentation of Results 6:50-7:00: Final Questions and Wrap-Up

OVERVIEW

Results for Today

 WNC Healthy Impact & Community Health Assessment

Local Process

oWho's Involved

Community Health Assessment 2021
Data Shortlist

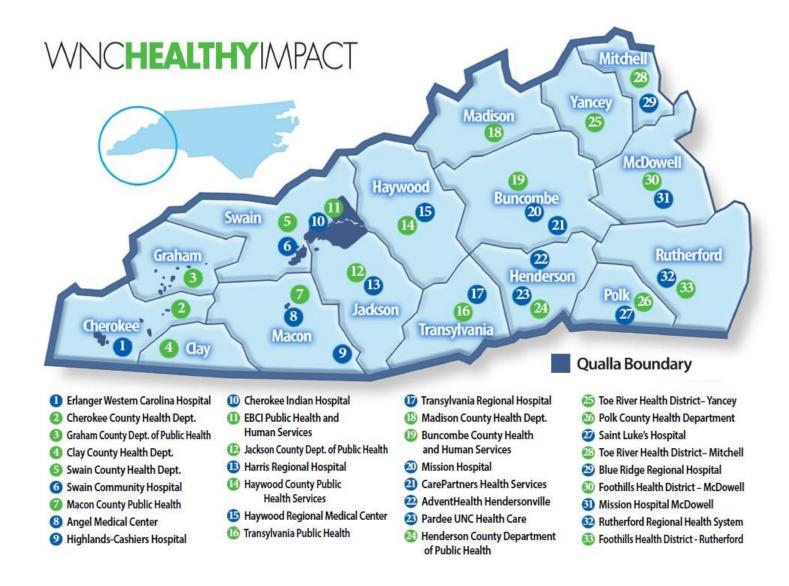
oCall to Action



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RESULTS FOR TODAY'S MEETING

- •Provide an overview of county-level health data
- •Create a space for community dialogue and input
- •Select the top three health priorities to be addressed over the next three years



COMMUNITY HEALTH ASSESSMENT (CHA) CYCLE



Collect & Analyze Community Health Data

- Decide what you need
- Make sense of data

Decide What Is Most Important To Act On

- Clarify desired conditions of wellbeing for your population
- Determine local health priorities

Community Health Improvement Planning

- Make a plan with partners about what works to do better
- Form workgroups around each strategic area
- Clarify customers
- Determine performace results and measures

Take Action & EvaluateHealth Improvement

- Plan how to achieve customer results
- Put plan into action
- Workgroups continue to meet
- Workgroups monitor customer results and make changes to plan

LOCAL PROCESS

A large list of primary (survey) and secondary data was reviewed internally by Haywood County public health staff. The list was narrowed down prior to sharing with a team of community partners (data team).

The data team further reviewed the available information and arrived at a 'short list.'

WHO'S INVOLVED?

1. Haywood County Public Library

- 2. Haywood County Health and Human Services
- 3. Haywood Regional Medical Center
- **4.** Mountain Projects (Prevention Services and Healthcare Enrollment)
- 5. MountainWise Public Health Partnership
- 6. Vaya Health



2021

COMMUNITY HEALTH ASSESSMENT

DATA SHORTLIST

1) Chronic Disease

2) Healthcare Access and Quality

3) Mental Health

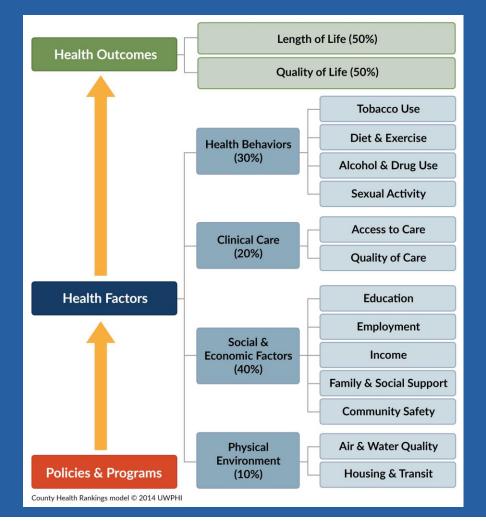
4) Nutrition and Physical Activity

5) Obesity

6) Social Determinants of Health

7) Substance Use

WHAT ELSE AFFECTS HEALTH?

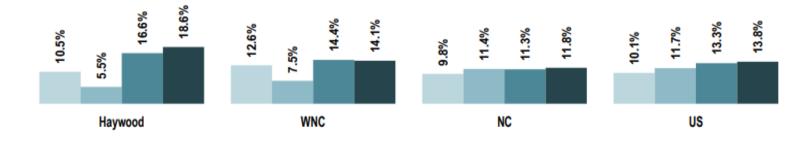




CHRONIC DISEASE

- **1. Diabetes-** >18%
- **2. Heart Disease-** 11%
- **3. High Blood Pressure-** 40%
- 4. High Blood Cholesterol- >31%

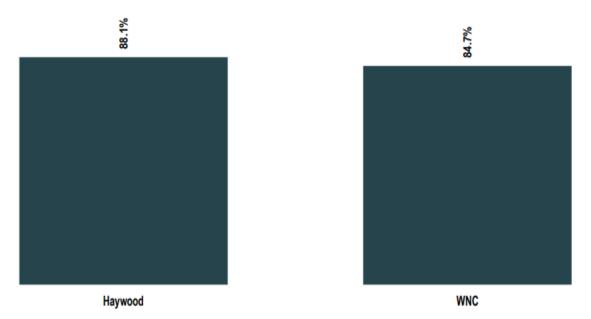




MENTAL HEALTH

- 1. Poor Mental Health- 23%
- **2. Suicide-** >6%
- 3. Limited or No Social/Emotional Support- >23%
- 4. Unable to Access Mental Health Care/Counseling- >18%

Able to Stay Hopeful in Difficult Times (By County, 2021)



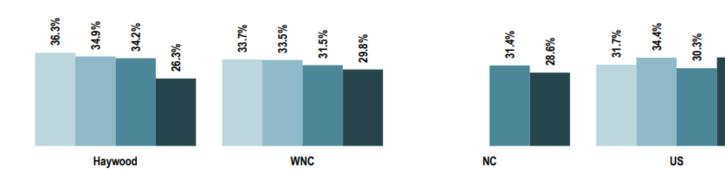
NUTRITION AND PHYSICAL ACTIVITY

- Leisure-Time Physical Activity- >21%
- 2. Fruit and Vegetable Intake- 5%
- 3. Healthy Food Access-0.17 grocery stores per 1,000 residents
- 4. Food Insecurity- 19%

Total Overweight (Overweight or Obese) (Body Mass Index of 25.0 or Higher; By County) 2012 2015 2018 2021 72.3% **%9**.6% 68.7% 67.8% 66.8% **%6**:99 66.9% 66.1% 65.0% 64.3% 65.3% 64.8% 64.5% 63.1% 61.4% 61.0% Haywood WNC NC US

OBESITY

- 1. Adult Overweight + Obesity- 42.1%
- 2. Adult Healthy Weight-26.3%
- 3. Childhood Obesity- 31% (2-4 year old WIC participants); 31% of NC high school students)



Healthy Weight (Body Mass Index Between 18.5 and 24.9; By County) 2012 2015 2018 2021

34.5%

SOCIAL DETERMINANTS OF HEALTH

- 1. No Household Vehicle- 11.9% (renter); 2.6% (homeowner)
- 2. No Household Computer Access-15%
- 3. Community Support- 18.5% disagree that the community welcomes all races; 6.9% are sometimes threatened/harassed due to race or ethnicity
- 4. Housing- 8.7% have experienced lack of electricity or other utilities; 3.2% lived outdoors or without permanent shelter

Have Someone to Rely on for Help or Support if Needed (e.g. Food, Transportation, Childcare, etc.; Western North Carolina, 2021; By County)

2021

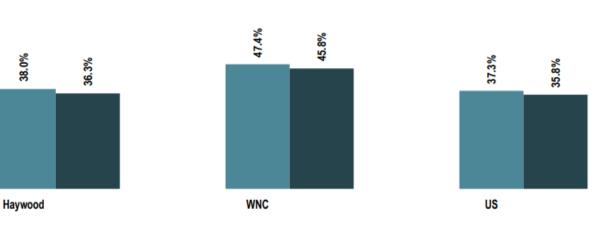


SUBSTANCE USE

- 1. Life negatively impacted by substance use- 36.3%
- 2. Past-year opioid use- 12.4% (with or without Rx)
- **3.** Tobacco use- >13% (cigarettes), 3.2% (e-cigarettes), 5.2% (smokeless tobacco)

Life Has Been Negatively Affected by Substance Abuse (by Self or Someone Else) (By County, 2021)

2015 2018 2021



IMPACTS OF COVID-19 PANDEMIC

- 1. Employment- 19% (job loss); 24% (loss of hours or wages)
- **2. Health Insurance Loss-** 12.1%

3. Community Support and Resources:

- 1. Grassroots efforts to address food insecurity, addiction, and homelessness
- 2. Willingness of faith-based organizations to help citizens
- 3. Access to vaccinations for COVID-19
- 4. Increased emphasis on mental health

THE TEAMWORK AND WILLINGNESS TO PARTNER TO HELP OTHERS HAS BEEN PROFOUND, ESPECIALLY AS RELATED TO FOOD, SHELTER AND COVID VACCINATIONS.

-COMMUNITY LEADER

THE DEDICATION OF THE COUNTY EMPLOYEES IN PUBLIC HEALTH, EMS, AND THROUGHOUT THE INFRASTRUCTURE THAT WORKED LONG HOURS TO PROTECT AND SERVE THE COMMUNITY DURING THE PANDEMIC. WITHOUT QUESTION THEY MADE A DIFFERENCE.

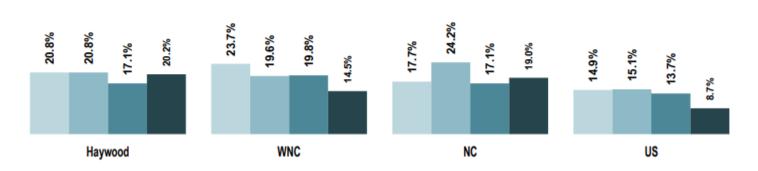


-PUBLIC HEALTH REPRESENTATIVE

HEALTHCARE ACCESS AND QUALITY

- Poverty- >13% of the population is below the poverty level
- 2. No Healthcare Coverage- >20%
- 3. Access to Care- 9.5% unable to access needed care in past year

Lack of Healthcare Insurance Coverage (Adults Age 18-64; By County) Healthy People 2030 Target = 7.9% or Lower 2012 2015 2018 2021



RATING AND PRIORITIZATION

Relevant: How important is this issue?

Impactful: What will we get out of addressing this issue?

Feasible: Can we adequately address this issue?

BREAKOUT GROUPS



Participants will be assigned to a breakout group to discuss the data.

TIME TO VOTE!



Select top-three scoring areas on the <u>Health Issue Prioritization Poll</u>. Complete the form only once.



HOW TO GET INVOLVED?

THANK YOU!

JEANINE HARRIS, MPH, PUBLIC HEALTH EDUCATION SPECIALIST/PREPAREDNESS COORDINATOR

JEANINE.HARRIS@HAYWOODCOUNTYNC.GOV

MEGAN HAUSER, MA, MCHES®, PUBLIC HEALTH EDUCATION SUPERVISOR MEGAN.HAUSER@HAYWOODCOUNTYNC.GOV

DARION VALLERGA, MPH, PUBLIC HEALTH EDUCATOR DARION.VALLERGA@HAYWOODCOUNTYNC.GOV